

March 2026

The Hill and Valley

Parish Magazine

Newsletter of the Parishes of Chedworth and District

The Benefice of Chedworth and District

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Readers and Contributors

The production of the Hill and Valley Magazine is made possible through a combination of the articles from our contributors, our advertisers, our printers, finance team and a group of coordinators creating the magazine 10 times each year.

In order to assist the magazine coordinators we ask that articles are submitted online (not by email). For

more information please go online to the Magazine Contributors area of www.hillandvalley.co.uk.

Business advertisers please contact Mark Lanyon - 07771 958380 or via the Advertisers form on <https://hillandvalley.co.uk/advertisers/>

The magazine coordinator for this edition was Julie Young (01285 720398) and for the next edition will also be Julie.

Please submit all articles and adverts before midday on the 15th of the month using the online system.

Cover page photo by Mark Lanyon contents page photo by Julie Young

The HILL & VALLEY

PARISH MAGAZINE

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Julie Young Coordinator for this edition



Karen's Letter



If you are struggling in any way, perhaps you might find reflecting on the life of Amy Carmichael inspiring and encouraging:

She was born in a small village in Northern Ireland in 1867. She suffered ill health all her life, but despite that travelled to India and founded the Dohnavur Fellowship in 1901. Her purpose was to rescue and rehabilitate young girls from forced prostitution. Situated in Tamil Nadu, thirty miles from India's southern tip, Amy made it a sanctuary for over one thousand children. She often said that her ministry of rescuing temple children started with a girl named Preena. Having become a temple servant against her wishes, Preena managed to escape. Amy Carmichael provided her shelter, thus beginning her work.

From her sick bed she directed operations and wrote prolifically, having many books and articles published about her experiences in India. Amongst others she wrote a poem called "In acceptance Leith Peace". Her acceptance enabled her to persevere against great odds and to live a very meaningful, purposeful and fruitful life.

As a result of her work Temple prostitution was outlawed in India in 1948. She died in India in 1951 at the age of 83. The Dohnavur Fellowship continues the ministry, now supporting approximately 500 people on 400 acres with 16 nurseries and a hospital. The foundation is now run by nationals.

Amy is remembered in the Church of England on the 18 January.

Karen



One of my churchwardens is a stickler for 'Health and Safety'...

Church Briefing

Hill & Valley Benefice Church Services

Everyone Welcome

(There will be a signup sheet in St Andrew's Chedworth for the Lent Lunches, so we know how many to cater for.)

1st March

BCP

9.00am St Andrew's, Chedworth.

Holy Communion

10.30am St James the Great, Coln St Denys.

3rd March

Lent Lunch

12.30 St Andrews, Chedworth

Helen reflecting on 'Treasuring the Word.'

8th March

Holy Communion

10.30am St Andrew's, Coln Rogers.

10th March

Lent Lunch

12.30 St Andrews, Chedworth

Teresa reflecting on Food for Free.

15th March

BCP

9.00am Mothers Day, St Michaels, Yanworth.

Holy Communion

10.30am Mothers Day, St Andrew's, Chedworth

17 March

Lent lunch

12.30 St Andrews, Chedworth

Helen reflecting on Serving the Kingdom

22nd March

Happyfull Service

10.30 St Andrew's, Chedworth.

24th March

Lent lunch

12.30 St Andrews, Chedworth

Karen reflecting on Open your hearts.

29th March Palm Sunday

Palm Sunday Breakfast

9.00am at Neil and Teresa Irving's
and walk to church for

Palm Sunday Service

10.30am St James the Great, Coln St Denys

Dates for Your Diary

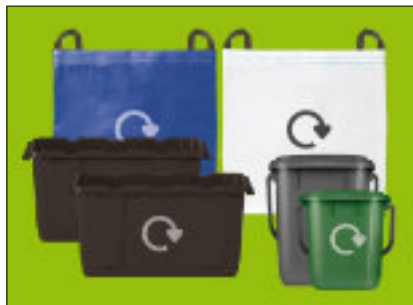
Date	Time	Event	Venue
7 March	15:00	Magic Show	Chedworth Village Hall
11 March	19:15	WI - Ann Chambers "Three Generations of Women at Kiftsgate" - Open Meeting	Chedworth Village Hall
13 March	19:30	Backrow Club - Hitchcock	Chedworth Village Hall
14 March	10:00	Tennis open Morning	Chedworth Tennis Courts
16 March	17:30	Fish and Chip Van	Chedworth Village Hall
19 March	19:00	National Theatre Live - The Audience	Chedworth Village Hall
20 March	17:00	Showcase Chedworth Evening	Chedworth Village Hall
21 March	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
26 March	18:00	RBL Talk by Major General Peter Williams "The Dhofar War 1965-1979 An Enduring Victory"	Chedworth Village Hall
28 March	19:30	Chedworth Entertainment Club - Oof!	Chedworth Village Hall
28 March	10:00	Chedworth Church Spring Clean	Chedworth Church
8 April	19:15	WI - Sqn Ldr Andrew Wyatt "The Red Arrows" - Open Meeting	Chedworth Village Hall
18 April	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
16 May	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
20 June	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
18 July	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
15 Aug	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
29 Aug		Chedworth Village Hall Golden Anniversary Event	Chedworth Village Hall



Recycling Dates

Domestic Waste & Recycling

Including glass, paper, mixed recycling, cardboard, garden waste, non-recyclable waste, food waste



Chedworth Area, Fossebridge, Yanworth, Coln St Dennis, Coln Rogers

Thursday	12	March
Thursday	26	March
Thursday	9	April
Thursday	23	April

Dates may change due to holidays

*Turn your event into an occasion
at*

Chedworth Village Hall

Visit our website for full details including making
booking enquiries

chedworthvillagehall.co.uk



St Andrew's C of E School & Pre-school



Get involved!

To celebrate **World Book** day this year some of the children will be coming to the Pop up Cafe (Monday 2nd March), where you are invited to share some stories with them. During the week we will also be doing buddy reading in school, reading for pleasure time and sharing books from other cultures. On World Book Day itself we will be asking children to celebrate stories set in other countries or stories from other cultures. To show how stories and story telling can unite people and places.

To celebrate **Science week**, we will be exploring and asking questions about Space! If you think you could support us with this, we'd be really keen to hear from you.



We were thrilled to see that based on our end of KS2 results, we were ranked **13th out of 300** schools in Gloucestershire. This is an amazing achievement and highlights the successes of our pupils and staff.



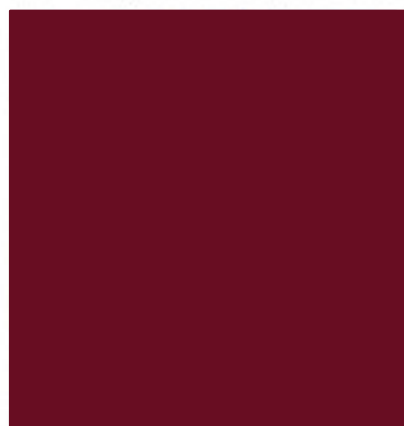
A huge thanks to Sheila V, who has been delivering after school Spanish tuition to our pupils. The pupils are absolutely loving the lessons and enjoying the interactive games to put their Spanish skills into practice.





Spring continues to be a busy term as Years 2-6 continue their weekly swimming, building on their swimming skills and water safety. In February Year 5 & 6 went to The Cotswold School to watch their incredible production of The Addams Family- a hugely inspirational time for our children.

We also sent a team of runners to Farmers School to represent our school in a county cross country competition. They were incredibly resilient on a tough and muddy course and placed well in a competitive field.



We also found out in February that we have been awarded Gloucestershire Tennis School of the Year. This is a huge achievement for our school, made possible only thanks to the amazing Hill and Valley tennis club.



LONGBOROUGH
FESTIVAL OPERA

Longborough Opera House Big Sing!

We are so excited to be launching our 'Longborough Opera House Big Sing' this term. Each term we will be visited by the director of music from the Opera House, who will deliver singing sessions to each class. All children will be learning the same songs to perform as a group in Longborough Opera House on July 15th.

Pre-School have full access to our sports coach, forest school and wonderful outdoor learning spaces. We accept government funding and have **no other hidden fees!** Your **funded hours truly are fully funded.** We are a teacher-led setting and our children benefit from incredible play-based learning experiences.

If you would like to come and visit our setting and learn what we do, please book an appointment by emailing:

admin@st-andrews.gloucs.sch.uk

Chedworth Parish Council

The Parish Council has been approached regarding the awkward stiles on the footpath from the top of School Hill to Fields Road past the Tennis Courts. The suggestion was to provide gates instead of stiles but as there is no livestock in the surrounding field the Council has decided to remove the two high stiles instead leaving a gap.

Gloucestershire County Council's attempt to solve the flooding on Queen Street was foiled by heavy rain which sent water cascading where the specialised equipment needed to be deployed. The Parish Council continues to pressure GCC Highways to complete the works and they have now been rescheduled for the next financial year. The Parish Council is also working with partners to investigate the springs forming the source of the stream and hence the flooding and also progress the flood mitigation works in the valley bottom.

Councillors

David Broad (Chairman)	01285 720313
Ian Morgan (Vice Chairman)	07778 168822
George Broad	07895 177961
Mike Dentith	07970 900373
Tony Kingsley	01285 720743
Alan McLellan	01285 720642
Bella Amory	07808 724972

To contact the Council, email the clerk, Elizabeth Broad (chedworthpc@hotmail.co.uk), or call her on 720313, or get in touch with any of the councillors directly.

For more information check out our website chedworthpc.org.uk

The Annual Parish meeting will be held on Monday 16th March at the Village Hall is for the residents, the electors on the register of electors for Chedworth to discuss matters directly affecting the parish. Any votes are not binding on the Parish Council but are taken very seriously, and in extremis 10 residents can demand a poll on any contentious matter, which means everyone can vote rather like an election. Traditionally the village charities use the meeting to present balance sheets and annual reports. The Parish Council Chairman chairs the meeting if present, and the Vice Chairman in his absence, otherwise a chairman is elected on the night. Items for the agenda can be sent to the Clerk by the 5th March but the present Parish Council Chairman allows any other business. We are expecting a discussion of Article 4 directions restricting permitted development in the Conservation Area.

The Verge group have negotiated the provision of small packets of wildflower seeds from Cotswold National Landscape stocks for residents who wish to plant the roadside verges adjacent to their properties with wildflowers. The Parish Council will provide up to £250 funding for this project.

Three years ago, volunteers planted around 30 apple, pear and plum trees in Ford's Field, adjacent to the football field. Apart from aiming to provide fresh fruit for the village, we hope the orchard will become a community space with a picnic table set among a profusion of wildflowers. Some of the trees suffered in the summer drought,

but this year there was plenty of fruit.
As the Spring approaches, we are now
looking for volunteers to do some
weeding, watering and strimming and
remove no-longer-needed tree guards.

If you are interested please get in
touch.

David Broad

Spring

I saw a daffodil, I swear, just shyly hiding there,
Beneath a dripping, dreary tree - no buds or leaves - still bare.
The swathes of snowdrops nod and dance, but aconites declare
That they will always be the first - gainsay it, if you dare.
But will this everlasting grey of mists and murky days
Produce a glimpse of sun through ever cloudy haze?
Incessant rain has crushed our hopes of grass for sheep to graze
But hedges shelter tits and wrens who now our spirits raise.
They scorn our pessimism with their love of life and song
And venture to our feeding stations which become a throng
Of darting sparrows, robins and a clever crow among
The blue tits and ...a squirrel which truly should belong...In a tree.
And blackbirds with their loyal wives inspect the earth for seed
The pheasants join them on the lawn – no urgency or speed.
We wait impatiently for sun to warm our muddy grass
But know that, thankfully, the Spring will surely come to pass.



Sheila Venne

Crowdseeding

Sometime soon this month a small
packet of wildflower seeds will
drop through your letterbox- this
will be self explanatory and if you
feel like joining in can only be of
benefit to the flowers and fauna
of Chedworth verges.
A Parish Council Project.

Charity Signpost

Are you, or is someone you know, in need of help?

Charity rules are quite complicated. It can be difficult to know whether one of your Chedworth Village Charities or other local charities or organisations can help. They may have limits on what they can do and will make decisions on a discretionary basis. This page is to give some basic information and to let you know that you can approach any of these charities in confidence.

If you do not know where to start, Myra Burridge (myraburridge@hotmail.co.uk) or 01285 720665, will be able to steer you appropriately. This may involve more than one charity or direction to possible state funding.

Chedworth Charities (registered with the Charity Commission www.gov.uk/find-charity-information)

- **Chedworth Community Lands Charity** – Provides broad help for young and old with medical educational or other needs. Contact: Robert Young (robert@zings.co.uk or 01285 720398).
- **Chedworth Allotment Charity** – A centuries old charity assisting individuals financially in emergencies or unexpected events with grants for seeking employment (travel, equipment and courses) and projects for the benefits of residents. Contact: Myra Burridge (myraburridge@hotmail.co.uk or 01285 720665).
- **The Chedworth Village Trust Limited** – supports the church, school, village hall, and individuals with grants to students and apprentices. Contact: Sarah Green (sgreen11@btinternet.com or 07966 388625).



Heating



Education



Apprenticeships



Mobility



Transport

Other sources of help available locally

- **Citizens Advice** – (known as “The CAB”) – Advice on debt, benefits and other problems. Contact: 0808 800 0511 www.citizensadvice-stroudandcotswold.org.uk .
- **Cotswold Friends** – combating loneliness and isolation by supporting the older and vulnerable with travel to medical

appointments, befriending etc.

Contact: 01608 651415 or info@cotswoldfriends.org .

- **The Churn Project** - supporting the community in Cirencester and surrounding villages by helping to reduce isolation and improving wellbeing, particularly for those who are lonely, at a point of transition or crisis in their lives or experiencing mental health issues. Contact: 01285 380038 or info@thechurn.org.uk .



The Pop-up cafe
is open
every Monday morning,
10am-1pm at
Chedworth Village Hall.
You'll find coffee, cakes,
friends & neighbours
(and always
a warm welcome).

Come and see us!

On the road

A teenager was always asking his parents if he could borrow the family car. Pushed to the limit one day, the father demanded of his son why he thought ‘The Almighty’ had given him two feet. Without hesitation, the son replied: "That's easy, one for the clutch and one for the accelerator."

Cleaned out

"Just cleared out some space in the freezer" sounds so much more productive than "I just polished off another pint of ice cream."

Sheila Bowley welcomed us all on a mild, and dare I say dry evening? A particular welcome was extended to Kate Peake our speaker and her able assistant – her mum. Amongst the business discussed was that the monthly lunch groups outings were now so successful that their menus had to be agreed with the venues in advance due to attendance being so large. Many thanks to Ann Deamer for her hard work on this.

March looks like it is going to be a busy month with the members agreeing to have a table showcasing ourselves – Chedworth WI - at the Showcasing Chedworth event on Friday 21st March at the Village Hall to celebrate it's 50th Anniversary and then the 'Chedworth Crafts' Group (aka Clare Peterson and team) having a sales table at the Produce market on the 22nd March. In preparation for that there is a get together at Jo Todd's house on the 12th March at 2.00pm for anyone who can wield a needle or stuff a toy! Clare is also on the scrounge for buttons, ribbons, bow ties (don't ask!), small toiletries, beads and knitting wool – so turn out those cupboards again!

Three outings have been suggested with the choice for the September outing being the one with the greatest amount of interest shown by members. Hopefully we can also arrange the other visits as well. They are a trip to Westonbirt, an outing to the John Moore museum in Tewkesbury and a visit to the King's Gallery in London to see the exhibition Queen Elizabeth II: Her Life in Style. If anyone else would like to join these adventures do let me

know, we usually have plenty of space for friends and partners.

An impressively brief financial report from Deborah (not often a financial report wins a round of applause!), was followed by a vote to donate £50 towards the cost of a fundraising disco being held by Chedworth School at the Village Hall, for their new MUGA (no we didn't know either, it stands for Multi use games area). For any further details or donations please contact Ben Pridgeon. As many of us had children or indeed grandchildren at the school it was felt to be a very worthwhile cause.

Somewhat breathless from all this business we settled down to enjoy some of the incredibly skilled short films of Kate Peake. This time she took us into the weird and wonderful world of events and traditions in Gloucestershire. We started with the annual Boxing Day Duck Race at Bibury. The little yellow ducks we had all seen but many of us didn't know about the Decoy Duck Race that follows with bets being charged at £10 per duck and the whole of the winnings being donated to a charity of the winners choice. Next was Frampton for the Shetland pony and sheep racing – the look on the face of the man running in front of the sheep with the food bucket was priceless. Dragon Boat racing in Gloucester Docks, based on the 2000 year old races started in China - £500 per boat to race and there are 28 boats taking part! The weirdest though has to be the Cheese Rolling at Brockworth, to take part you have to be mad!

Interactive archaeology in Gloucester was simply beautiful and fascinating, and also featured the introduction of the third generation of film makers with Kate's little daughter taking to featuring in her films like a duck to water?!

The Moreton Show was followed by the Clypping in Painswick, a celebration of their church of St. Mary's, (I refuse to mention the 'Puppy dog pie' on the grounds my dogs might be listening). And to finish the Tall Ships Festival in Gloucester.

Throughout Kate's thoughtful and informative commentary and brilliant film making illustrated and explained the events, no wonder they showed her to her place next to the cameras of the BBC and ITV at the Cheese Rolling – her drone shots alone could teach them a thing or two.

We felt that Chedworth should perhaps revive or invent it's own event - any suggestions?

Next month's meeting will be an Open Meeting with all most welcome it's speaker will be Ann Chambers on 'Three Generations of Women at Kiftsgate'. We've even recruited in an extra hostess so do come. The Village Hall 7.15pm on Wednesday 11th March.



Clypping in Painswick (not one of Kate's pictures)



One of the fantastic pictures in Westgate Street Gloucester created by artist Joe Hill of 3D Joe and Max for Interactive Archaeology

Emma Isaac

Naughty mummy

A mother asked her young son, as they waited for the bus, to tell the driver he was five years old, because then he would ride for free. As they got into the bus the driver asked him how old he was. "I am five years old," said the little boy proudly.

The driver had a son of his own that age, and so he smiled. "And when will you be six years old?" he asked.

"When I get off the bus," answered the boy.

Then (1895) and Now

Hill and Valley Magazine-Then (1895) and now!

Hill and Valley is very much an established part of our community, providing details of church services, local events and matters of interest as well as a platform for local businesses. In an age increasingly dominated by digital media, it is reassuring that there is still a demand for a good quality paper based local magazine.

Looking through an old chest in the vestry, I recently came across a copy of "Chedworth Parish Magazine-March 1895"- price one penny! It contained details of the church services, various religious texts, stories and an article "The Lord's Day" by the Right Hon. W.E. Gladstone M.P. (a former Prime Minister) which was presumably distributed nationally. To-date there has not been another article in Hill and Valley by a former Prime Minister! There were no advertisements.

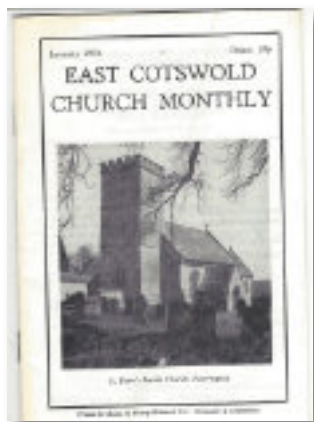
In the chest were also copies of the "East Cotswold Church Monthly", price 10p from the 1970's. Each parish



church included details of their church services and a brief article by the incumbent, for Chedworth Arthur Dodds. There were several pages of advertisements by local businesses.

In the late 1970's the Hill and Valley magazine appeared in a new guise, produced by the incumbent Arthur Dodds, assisted by Sheila Bowley. Initially this was just a few A4 pages, produced each month with details of church services and matters of local interest. It was printed on a gestetner in the Vicarage and distributed throughout the parishes by a team of volunteers, who also collected a small charge towards costs, which was a rather tiresome task.

The magazine gradually increased in size and variety of content as more village in organisations contributed articles and was then made into a booklet form, but still in black and white, there were no photographs. At one time the magazine was printed by GCC at Shire Hall as part of a community support scheme. However, it was a bind collecting it and some local businesses, with large volume printers, took over the printing on a



voluntary basis.

As the size of Hill and Valley increased, currently 64 to 68 pages with more photographs, it was re-designed by Iain and Sue Robertson to include colour with a glossy cover and printed by commercial firms, now Mixam from Watford.

The revenue from advertising now covers printing cost.

Hill and Valley is very much a community/volunteer endeavour and is delivered throughout the five parishes free of charge.

Robert Young

Drummer Needed for Chedworth Silver Band

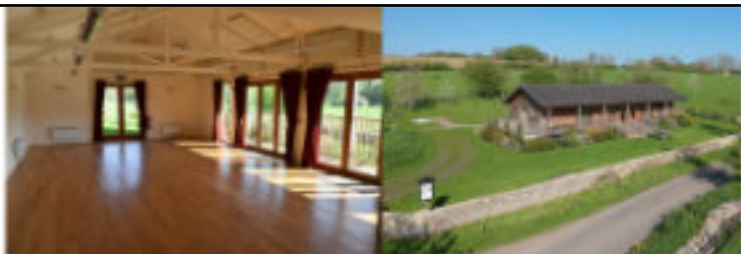
Chedworth Silver Band

We are seeking a replacement for our drummer who has retired after many years service. Practice is every Tuesday evening in Chedworth with engagements taking place between April and December. We play a variety of music from traditional marches to more up to date pieces. If you are a drummer wanting experience with a group of musicians, or perhaps someone who hasn't played for while, why not give us a try, you would be made very welcome.



We would also welcome any brass players, instruments and a drum kit are available, if needed, for you to play.

If interested call David on 01285 720313



COLN VALLEY VILLAGE HALL

Ideal venue for small events/parties

Gigaclear Ultrafast internet connection

If you would like to hire the hall please see our website for availability and prices.

www.coln-valley-village-hall.co.uk

Consultation on Permitted Development Rights

CHEDWORTH CONSERVATION AREA: CONSULTATION ON PERMITTED DEVELOPMENT RIGHTS

As residents of Chedworth Conservation Area we are seeking support to implement Article 4 Directions to ensure the character and charm of the village isn't spoilt by permitted development rights and to protect the village's unique historic character from incremental changes.

To gauge local opinion, we have put together a questionnaire to measure support for a variety of areas the directions could cover; These include replacing traditional windows and doors with uPVC, the installation of solar panels on roofs and in gardens, installing wind turbines, painting the exterior of a building and the installation of bright external lighting.

As you will know, permitted development rights allow some alterations and additions to properties and land without the need to apply for full planning permission; If these articles were adopted, those wishing to make such alterations would need to apply for consent, ensuring any changes were made in a sympathetic manner that didn't cause harm to the appearance of the village.

Following feedback received before the consultation closes on 1st April 2026, the results will be presented to Chedworth Parish Council to determine next steps with Cotswold District Council.

**To participate, please visit <https://uqr.to/chedworth>
Printed questionnaires are available at the Village Hall or Scan QR Code:**



FoStA (Friends of St Andrew's Church)



FoStA organised a successful and enjoyable programme of fund-raising and community events in 2025, comprising a

Children's Magic Party in the village hall, a Family Summer Picnic with a Sea Shanty Group on the playing field and an illustrated talk by Guy Rooker on Leonardo da Vinci in the village hall. All the events were very well supported.

Total income for 2025 was £7,452 including the funds from the above events, Gift Aided donations and the profit from the bars at Music in Country Churches and the performance of Hamlet at the Manor.

A donation of £8,000 was made to the Parochial Church Council towards the quota of £17,020 Payable to the Diocese of Gloucester.

The next FoStA fund raising event is the Children's Magic Party in the village hall at 3pm on Saturday 7th March 2026.

FoStA was established in 2013 with the principal objectives of raising income for the maintenance and running of our beautiful Grade 1 church and bringing members of the community together.

We would welcome new Friends, if you would like to join, please contact our membership secretary Sue Nashe-
suenashe@gmail.com

Robert Young

TENNIS OPEN MORNING
SAT 14TH MARCH

Join us for a fun & social
FREE morning of coaching

MEMBERSHIP
DISCOUNT !!!
REGISTER NOW

<https://clubsport.lta.org.uk/HillandValleyTC/EventsV2>

10am -12pm
Chedworth, GL54 4NE



KINDLY SPONSORED BY CHEDWORTH PARISH COUNCIL

MAGIC SHOW

2 HOURS OF MAGIC & FUN
FOR ALL THE FAMILY

SAT 7 MAR | 3 PM

CHEDWORTH
VILLAGE HALL

**FREE
EVENT!**

DONATIONS TO FRIENDS OF ST
ANDREWS CHURCH WARMLY
WELCOMED

Winter Poem

The outside air hits me like a bullet,

Calm but fierce cold wind flushing my cheeks and nose a deep scarlet.

The crunching frost satisfyingly melting underneath my warm boots,

The large oak tree silhouetted against the clear blue sky.



As I trudge deeper outside, I notice fluffy white snow settling perfectly on a fairy tale fence,

I try to frame the view in my mind, imagining every bleak smudge of white like an accurate paint stroke.

I shelter under a billowing willow tree,



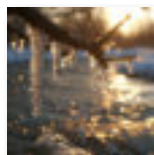
Admiring the frost settling on the branches creating the illusion of a rushing fountain.

A snow-clear patch of grass attracts my attention because of the contrasting colours,

Tiny solidifying dew drops are intricately dotted on the blades of grass.

A silky spider web is encrusted in frost, reminding me of a diamond necklace.

Fingernails of ice hang down off branches, waiting for its next victim to poke,



The scent of earth, snow, grass and ice collide to make the perfect aroma.

The once trickling stream is frozen in a sheet of glimmering ice with tiny skeletons of leaves ice skating on it.

A shard of sunlight pierces through the mist, creating a mystical atmosphere.

I walk along a winding path and gaze into a frozen pothole, enveloped in beautifully unsymmetrical snowflakes.

Annie Lodwick (age 11)



*Photo by
Hugh Lodwick*



Hill & Valley Lawn Tennis Club

<https://clubspark.lta.org.uk/HillandValleyTC>

CLUB NEWS

The Daffodils are beginning to emerge and we are looking forward to some spring-like weather and the opening of the tennis season in earnest. The spring programme is full of opportunities for players of all abilities to join in and have fun; and the Glos League matches are being planned for those who enjoy more competitive games. Winter maintenance work on hedges around the courts has taken place; and treatment for moss will take place once a drying spell arrives. With much wet weather we remind players to cross the Playing Field to the courts in non-tennis shoes please.

We look forward to seeing you at the club!

Robert Baker, Chair

OPEN MORNING SATURDAY 14TH MARCH 10-12

This is to mark the start of our new season and also for non members to come along and see what our vibrant, friendly club has to offer. We have players of all levels so whether you want to play social tennis or compete we have something available for everyone!

Open to adults and children there will be **FREE** play, coaching and drills. Coffee and croissants will be provided.

DISCOUNTS for any new membership sign ups on the day. Please get in touch for further info and book in so we can cater accordingly. We look forward to seeing you!

<https://clubspark.lta.org.uk/HillandValleyTC/EventsV2>

**TENNIS OPEN MORNING
SAT 14TH MARCH**

Join us for a fun & social
FREE morning of coaching

**MEMBERSHIP
DISCOUNT !!!
REGISTER NOW**

<https://clubspark.lta.org.uk/HillandValleyTC/EventsV2>

**10am -12pm
Chedworth, GL54 4NE**



WHAT'S ON

WALKING TENNIS

Sessions every Friday afternoon at 2.30-4pm

It is relaxed and fun, you can go at your own pace.

Come along to give it a go! Open to non members

<https://clubspark.lta.org.uk/HillandValleyTC/WalkingTennis>



ADULT GROUP COACHING WITH TOM WYMAN

Monthly group coaching for all levels



SATURDAY JUNIOR COACHING

Open to non members, rackets provided for ages 4-18yrs

See website for more info and booking

<https://clubspark.lta.org.uk/HillandValleyTC/Coaching>



SATURDAY CARDIO TENNIS

Open to non members, rackets provided for ALL AGES

See website for more info and booking

<https://clubspark.lta.org.uk/HillandValleyTC/Coaching>



AFTER SCHOOL JUNIOR COACHING

Wednesdays, for ages 4-18yrs

Open to non members, rackets provided

<https://clubspark.lta.org.uk/HillandValleyTC/Coaching>



DATES FOR YOUR DIARY

Saturday, March 14th Open Morning

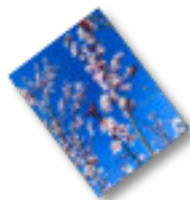
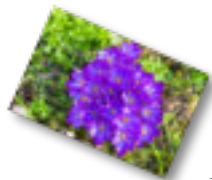
Saturday, May 16th American Doubles

Saturday, June 13th Coln Valley Open Tournament

<https://clubspark.lta.org.uk/HillandValleyTC/EventsV2>



Your Gardening Tips for March



A proper spring cannot come too soon and with it some warm dry weather to help the sodden ground dry out. There should be plenty of colour to enjoy as well as planning for sowing seeds.

- Top up outside pots with fresh compost or replace completely. To reinvigorate your compost in pots, remove old roots and check for slugs and vine weevil larvae. Mix 20% finely chopped bark or wood chips to add air space and add granular fertilizer such as chicken pellets.
- Start Sweetcorn inside or in warm greenhouse as it needs a long growing season.
- Germinate tomatoes, peppers, and cucumbers in heated propagators if possible or indoors.
- Prune to the ground autumn fruiting raspberry canes if not already done.
- Prune gooseberries by removing dead wood then spur prune all side shoots back to one to three buds from the base. Shorten branch tips by one quarter.
- If your rhubarb sends up flower stalks, remove them so the plant will focus on foliage production, not seed production, and it will still benefit from a dose of manure.
- Most vegetables need full sun to perform well. If you have some shade, try growing cool season crops such as lettuce, spinach, radishes and cabbages. Remember small successional sowings will nearly always provide better cropping and reduce wastage if there are some failures.
- Plant shallots, onions and early potatoes, if the ground is not too soggy. Start brassicas and lettuce off in-doors. If you have problems growing parsnips try chervils which have a sweeter creamier flavour.
- Think about protecting your leeks and brassicas from flea beetle and leaf allium mining fly infestations by purchasing the Ultra Fine Veggiemesh Netting from 'Gardening-Naturally' and other similar outlets. The netting needs to be protecting the plants in March/ April and August - October.
- For slug control, try watering in nematodes at the end of March and into April. Snails that live above ground can be repelled by copper collars and tapes or layers of sharp grit
- Start canna rhizomes into growth in 20cm pots of multipurpose compost and water lightly in a warm place
- If you have not already done so, try growing aubergines for decoration and for the table. They

come in various shapes and sizes and can be grown in containers and out in a warm sheltered part of the garden. Sow seeds indoors preferably kept at 21-27 c covering them with a light layer of sieved compost. Once the second pair of leaves appear, prick out the seedlings into individual pots to harden off. Best grown in the greenhouse unless we have a good spell of hot weather when they can be put out to grow on.

- Plant summer flowering bulbs, sow sweet peas outside, and protect all new shoots from slugs. If sweet peas are sown in batches their growing season can be extended. If the weather warms up remove protective fleece and straw to avoid damage to new shoots.
- Lift and divide overgrown lumps of perennials. Divide hostas before they come into leaf.
- Prune back Cornus (Dogwood) and Salix (Willow) to two buds above ground level, and mulch to get a good showing of winter stems. Prune fruit trees
- Insects cannot stand plants such as garlic, onions, chives and chrysanthemums. Grow these companion plants around the garden to help repel unfriendly insects.
- Prune winter flowering Jasmine, once flowers have faded, then feed and mulch.
- Feed roses as they come into

growth. This is the best month for planting roses in heavy soils or cold areas. Prune bush and climbing roses.

- There is just about enough time this month to buy bare rooted perennials and biennials. They are less expensive than potted plants as no compost or pots are involved. Plants will establish more quickly as they will not be trying to break out of a root ball. Plants need to be soaked in water for at least three days before potting up and then putting out in the border later in the spring.
- Remember to put in place any supports needed for tall border plants now to allow the plants to grow through them.
- Feed shrubs, hedges and especially newly planted trees with balanced fertilizer such as Growmore or Blood Fish & Bone.
- Whilst it may be sensible to remove ivy from smaller trees to reduce windage, be aware that it does provide shelter to birds and offers pollen and berries from December each year.
- This is a good month to start layering bushes such as Philadelphus (Mock Orange), Forsythia, Cotinus (Smoke bush) and Lonicera. Buried stems should have taken root by next spring.

Simon Colbeck
Chairman Chedworth Gardening Club



Chedworth Church Spring Clean



It's Spring again ...

And time for our annual Chedworth Church spring clean.

**Do please come and lend a hand and
join our convivial spring cleaning session in
St. Andrew's Church & Churchyard**

Saturday 28th March starting at 10:00am

Coffee, Tea and Biscuits provided.

Bring your own energy and tools.



Robert Young 720398

How many church members does it take to change a light bulb?

What do you mean CHANGE??? That light bulb was given in memory of my grandmother! My father installed it with his bare hands! He donated his time AND the use of his ladder to do it, too! My family's been members of this church for four generations! And if you think you're going to come in here and make a bunch of changes all of a sudden, vicar, you've got another think coming!

WALKING TENNIS FOR ALL

Would you like to improve your fitness and well being?

Do you have a health condition or injury that impacts on your mobility?

Come and give Walking Tennis a try!

This fun, gentler game of tennis is suitable for all ages



FRIDAYS, 2.30-4PM
CHEDWORTH, GL54 4NE
ALL WELCOME



www.clubspark.lta.org.uk/HillandValleyTC/WalkingTennis

RBL - Major General Peter Williams

MAJOR GENERAL PETER WILLIAMS

After studying History at Cambridge, Peter served for more than 30 years in the Coldstream Guards, retiring from the Army in 2005. His career as an infantry officer, saw him serve in London, Northern Ireland, Oman and Germany. In 1974 he was trained to be an Intelligence Officer and as such he operated in East Berlin, Belfast, Oman and on the Defence Intelligence Staff in Whitehall.

Having qualified as a Russian interpreter, he served for four years in Berlin in the 1980s as a Liaison Officer in BRIXMIS (the British Military Liaison Mission to the Soviet Forces in Germany), travelling widely in East Germany to collect intelligence and narrowly escaping being killed in a 'Stasi' vehicle ramming in 1982. He was awarded an MBE for his successful exploits in BRIXMIS.

In the 1990s Peter completed three 6-month tours of duty in the former

Yugoslavia. The first tour saw him commanding the Coldstream Guards armoured infantry battlegroup in central Bosnia as part of the United Nations intervention force during the Bosnian civil war; for this he was awarded an OBE. His second tour was in 1995, during the final months of the Bosnian war, when he was the Deputy Chief United Nations Military Observer. His final tour was in 1998 in Sarajevo as the Chief Faction Liaison Officer in NATO's Stabilisation Force.

In 2002 he was sent to Moscow to set up and run the NATO Military Liaison Mission to the Russian Ministry of Defence; as such he became (and remains) the most senior British officer to serve in Russia since 1945. He received a CMG in recognition of his Mission's successes.

Peter has already given three excellent entertaining talks at Chedworth on Rudolf Hess, Russia and the Russians, and Bosnia and has been a Military History speaker at schools and on more than 20 cruises

How many words does it take?

Pythagorean Theorem - 24 words

Lord's Prayer - 66 words

Archimedes' Principle - 67 words

Ten Commandments - 179 words

Shakespeare's 'To be, or not to be' soliloquy - 260 words

Churchill's speech 'We Shall Fight on the Beaches' - 308 words

US Constitution with all 27 Amendments - 7,818 words

EU regulations on the sale of cabbages - 26,911 words

Puts things into perspective, doesn't it?



The Chedworth & District Branch
of the
Royal British Legion
invites you to

The Dhofar War 1965-1979
An Enduring Victory
a talk by

Major General Peter Williams CMG, OBE
formerly Coldstream Guards

Thursday 26 March

at Chedworth Village Hall, GL54 4NE
6.00 o'clock

R.S.V.P

Simon Colbeck (on the attached form)
07444701884 /simoncolbeck@msn.com

Drinks & Canapes
followed by the talk at 7.00 p.m

.....
The Royal British Legion Chedworth

The Dhofar War
a talk by

Major General Peter Williams CMG, OBE

Please return this form or email to:

Maj Simon Colbeck
Ashcombe Edge, Chedworth, Cheltenham GL54 4AJ
07444701884 /simon~~colbeck~~colbeck@msn.com

Name.....

Address.....

.....Telephone:.....

Email address:.....

I wish to attend and require.....tickets at a minimum donation of £15.00 per person and
enclose a cheque/cash for £.....(Payable to: *Royal British Legion Chedworth*) or

I have paid £..... on line Bank : Sort Code 30-92-06 Account: 00038677

Ref: P Williams- Payee Name

I regret that I am unable to attend but enclose a donation for £..... in support of
the Royal British Legion

Signature.....Date.....

Tickets will not be sent out but attendance will be recorded on the door.

Registered Charity No 219279

Playground Consultation

Chedworth Parish Council is consulting on providing several new items of equipment for the playground at the Village Hall. A working group comprising people from the village reports to the Parish Council and with their endorsement, would like to consult the village and users of the facility on what they would like to see at the site and any ideas. In particular, we would like to hear from children and people whose children and grandchildren use the playground on a regular basis - What they think of the current facility and how it may be enhanced.

Please see the QR code which will take

you direct to the questionnaire and indicative plan of what could be delivered at the playground. Nothing has been decided yet and funding applications are ongoing. This is your opportunity to have your say and inform what could be delivered. I am leading the consultation. If you have any questions please contact me on chedworthplayground@gmail.com. As this is a Parish Council initiative, please also feel free to talk to a councillor who will relay any messages to the working group.

Ben Pridgeon on behalf of the playground working group

**CHEDWORTH PARISH COUNCIL
PLAYGROUND CONSULTATION**

Chedworth Parish Council is consulting on providing several new items of play equipment on the playing field by the Village Hall. A questionnaire is presented on behalf of the playground working group which reports to the Parish Council.

SCAN ME
to record your view on
how this space is used
and adapted.

If you have any questions please contact
chedworthplayground@gmail.com

Supporting Village Halls Week and
50th anniversary of opening of our
village hall on its current site



*You're
Invited*

SHOWCASE CHEDWORTH EVENING

Friday 20th March
Chedworth Village Hall
5pm -8.30pm



AN EVENING FOR ALL TO COME ALONG
AND SEE HOW MUCH IS ON OFFER IN
CHEDWORTH - FEATURING CLUBS,
SOCIETIES AND OTHER
ORGANISATIONS THAT OPERATE
WITHIN CHEDWORTH

POP UP PUB OPEN FROM 5PM - 8.30PM

NUTTY ROASTER FOOD TRUCK

Chedworth Parish Warden

Of the 46 National Landscapes in the UK, the Cotswold National Landscape (CNL) is the largest at 790 square miles. Defined as places with national importance, and protected for the nation's benefit, these national designations are managed locally by largely voluntary teams.

In February 2025 the latest version of the 5 year CNL management plan was published with a simple vision, a National Landscape for everyone. Within this framework my role as parish warden for Chedworth, in the central district comes into being.

A parish warden is the eyes and ears of CNL, the main responsibilities include ensuring that footpaths are maintained and accessible, including way markers, and that gates and stiles along designated footpaths are in good working order. Additionally, the role includes foster good working relations with landowners, community members and the parish council.

CNL is a large, mainly volunteer organisation of over 400 people that I can reach into for support. In recent months fellow volunteers have helped within Chedworth to restore dry stone walls, removed trees blocking footpaths, and helped support the acquisition of new gates to replace rotten stiles to name a few examples.

Since I started my volunteer role last September, I have spent the majority of my time in Chedworth walking the footpaths, so far covering well over 90 miles and resolving issues where I can, most likely trees or branches that have

come down in bad weather, or removing overgrowth that is obscuring the paths ways, or collating sufficient information such that a work instruction can be raised where specialised help is required.

In October, as part of St Andrews school ground-force day myself, along with other community members of Chedworth spent several hours working on the school grounds, and CNL was able to help resolve an issue with the schools' drystone walls, this was a great opportunity to build relationships and help out further within the local community.

Accessibility is a key concern for CNL, as the health benefits of spending leisure time in the countryside is now well understood, however when you consider the wide demographic of footpath users, replacing stiles becomes an obvious objective. This means that stiles are becoming less popular, though once highly thought of, they are now slowly being replaced with gates, as these offer improved accessibility, including use of rambling scooters.

The first thing that strikes you as the footpath 'monitor' in Chedworth is the sheer number of footpaths within the parish! In fact, there is little chance of one person being able to keep track of everything, and so I need support from the good folk of Chedworth to help me, and so if you see footpaths that are blocked, or gates and stiles that are in poor working order please feel free to reach out to me using the contact details below, or via the Chedworth Hub WhatsApp group, and I'll look to

resolve as soon as possible. Please do keep in mind that some initiatives take time to resolve, especially where funding is required or permissions are needed.

Many thanks to all those that have helped me to date, and I look forward to meeting more members of the local community when I am out and about in Chedworth – you'll be able to recognise me as I have a grey rucksack with a pair of hedge clippers poking out the back!

Useful links:

[Home - Cotswolds National Landscape](#)

[National Landscapes - National Landscapes](#)

[CNL MANAGEMENT PLAN 2025-30 FINAL.pdf](#)

Contact Details:

WhatsApp or Mobile: 07702 264841

Email: rodsinclair307@googlemail.com

Rod Sinclair

CE

Chedworth Entertainment Club

National Theatre Live

Chedworth Village Hall 7pm
Thursday March 19th

HELEN MIRREN

as Queen Elizabeth II in

THE AUDIENCE

by Peter Morgan
directed by Stephen Daldry



Returning to cinemas for the first time in over a decade, Helen Mirren plays Queen Elizabeth II in the Olivier and Tony Award® -winning hit production, directed by Stephen Daldry. For 60 years, Queen Elizabeth II met with each of her 12 prime ministers in a private weekly meeting. This meeting is known as 'The Audience'. From Winston Churchill to Margaret Thatcher and David Cameron, the Queen advised her prime ministers on matters both public and personal. Through these private audiences, we see glimpses of the woman behind the crown and witness the moments that shaped a monarch.

Tickets: £15 www.chedworthentclub.co.uk or on the door

7.30 PM SATURDAY MARCH 28TH 2026
CHEDWORTH VILLAGE HALL

Robert Gadsby for Incidental Culture presents

The legendary double act **FIASCO JOB JOB**

ARTHUR SMITH AND PHIL NICE

reunite for one riotous final time

"There are Fringe legends and then there is Arthur Smith."

Evening Standard

"My favourite double act."

Harry Hill



Having surprisingly beaten the visitation of the grim reaper, two old friends reunite in a hilarious sit-down drama about age, showbiz and the cartography of friendship. But as they reflect on religion, politics, life and happy slapping, it transpires there is more to their relationship than it first appears. This "masterclass in comic timing" is a rare chance to see two of Britain's most enduring comedians together on stage as Arthur Smith, a familiar voice from BBC Radio 4 and Edinburgh Festival favourite, joins long-time partner Phil Nice to recreate the madcap magic of their early days in the comedy circuit's golden age. Directed by award winning comedy writer, Kevin Day, "OOF!" promises laughter, nostalgia and an evening of pure fun.

The show is an hour followed by a short break and a Q&A with Arthur and Phil.

Tickets: www.chedworthentclub.co.uk

CE *live*
Chedworth Entertainment Club

The New Cattle Shed

Many of you may have noticed that we have a new building at Manor Farm Chedworth. This is our new cattle shed that we have built to provide winter housing for our dairy herd. The shed is designed to complement our organic farming system which will still focus on maximising milk from grazing our diverse herbal leys.

In the past, when the farm was being run on a Spring calving system, the requirement for winter housing was much lower. During the harshest winter months the cows would not be milking, and so their energy requirements were reduced meaning they could therefore remain outside grazing brassicas such as Kale with limited silage being fed.

However, with the start of our close partnership with King Stone Dairy it became apparent that, to ensure a consistent milk supply all year round for the cheese, we would need to have an Autumn calving block in addition to the Spring calving block. This meant that we were milking cows over the winter which increased the requirement for higher quality feed (our own grass silage) to ensure that we were meeting the cows' energy and protein requirements. We attempted to do this outside for a few years but it was clear that the weather had a significant impact on the cow, the feed and the cost of production. A wet and cold night would reduce cow intakes (meaning they ate less and so produced less milk), make their straw bed wet and mucky (meaning we would have to use more expensive straw to bed them up) and spoil their silage (which is expensive to make). In addition to this,



the feed was potentially exposed to contamination from the wildlife which could have contributed towards the spread of diseases like TB in the herd.

So, the solution to this was to build a cattle shed. This provides the cows shelter from the unpredictable and often ruthless weather that we get on the flat, exposed airfield. It means that the energy the cows once used to stay warm is now focused on producing milk. It means that our straw usage for bedding up has halved. It means that every blade of grass in the silage that we feed is now eaten by the cows, resulting in a much more efficient feeding system. It also means that we can protect the feed, water and cows from any encroachment of wildlife.

Having this cattle shed does not mean



that we will be housing our cows all year round. We will still be aiming to run our farm using an extensive, regenerative approach that focuses on grazing management and cow welfare. We are fully committed to remaining organic.

This cattle shed simply gives us a more consistent and efficient way of operating in the winter and places the welfare of the cows at the centre of it all.



Seb Clarke

Raphael and Rome- Wed March 11th

Join Rome tourist guide Stuart Harvey for an in depth look at Raphael Sanzio, who Vasari described as “The Prince of Painters”. Born in Urbino, he moved to Rome in 1508 and worked there for the last 12 years of his life, until his untimely death in 1520 at the young age of 37. His prolific output left a legacy that influenced artists for centuries. In this lecture we will take a chronological look Raphael’s works that are easy to visit in Rome today, as well as learning about his powerful patrons, including two Popes, various cardinals and a wealthy banker. Raphael’s love-life cannot be ignored, and finally we will arrive at his monumental tomb in the Pantheon.

About the speaker:

Stuart Harvey is a “History and Art Communicator” of 30 years experience. He is a London Blue Badge Tourist Guide (qualified in 1998 - awarded “New Guide of the Year”) and also a Guida Turistica Abilitata della Provincia di Roma (qualified in 2010). He has worked in educational tourism since 1992, leading study tours all over Europe. Living in Rome since

2003, Stuart has developed a great love for the Eternal City and its many treasures. In addition to his primary career as full-time Rome tourist guide, Stuart’s entertaining and lively lectures and virtual tours bring the rich artistic and historical wealth of Rome’s 28 centuries to life for people all over the world.

This hybrid lecture will be held at the Warwick Hall, Church Green, Burford, OX18 4RZ at 11am and via Zoom. Please be seated by 10.50 for notices of upcoming events. Booking is recommended: to reserve a place book online (www.theartssocietycotswolds.org.uk) or contact Lisa Etheridge on 07918 180895 for a booking form. Non-members are welcome (space permitting) at a charge of £10.

To learn more about The Arts Society Cotswolds and to see what lectures, Special Interest Days and other activities are planned for the future, please log into the website www.theartssocietycotswolds.org.uk

Or contact Alison Morgans on 07771 817050

Rendcombe Surgery

March Focus: Ovarian Cancer Awareness Month

Why is Ovarian Cancer Awareness Month important?

Currently only 3 in 10 women diagnosed with ovarian cancer live beyond 10 years. It's unacceptable. With 7500 women receiving an ovarian cancer diagnosis in the UK each year, it's vital we make faster progress to reach a vision of ovarian cancer being survivable for all women.

That's why Ovarian Cancer Awareness Month was created in the UK, back in 2005 - to empower women, raise awareness of symptoms and change the future for women diagnosed with ovarian cancer.

When is ovarian cancer awareness month?

March is ovarian cancer awareness month in the UK.

During the month of March, Ovarian Cancer Action - alongside other UK gynae charities - put the spotlight on ovarian cancer and ask supporters to help us raise awareness of ovarian cancer symptoms, statistics and stories.

What are the symptoms of ovarian cancer?

Understanding the symptoms of ovarian cancer is pivotal for early detection. Common symptoms include:

- ☐ Persistent bloating
- ☐ Pelvic or abdominal pain
- ☐ Difficulty eating or feeling full quickly
- ☐ Changes in urinary habits
- ☐ Fatigue
- ☐ Unexplained weight loss or gain

What resources do you have?

You can download and share the [ovarian cancer symptoms tracker](#), to help conversations with your GP.

There is also a [leaflet on key ovarian cancer information](#), which can be downloaded and printed.

Annual Reviews of Long Term Conditions and Medication

"Why can I not order my prescription online?"

"Why have you stopped my prescription?"

"Why do you make it difficult for me to order my prescription?"

Rendcomb Surgery now supports over 4800 patients, with 2600 patients having at least one medication on repeat and we dispense this, and acute medication, to approximately 86% of our patients.

Why do I need annual review?

As part of our continuing care to our patients, we ask that all medication is reviewed by the practice at least once a year. This is to ensure that, firstly, the medication is still effective and appropriate for the condition for which it is being prescribed and, secondly, that the medication is safe and doing no harm. Please note that you may also be monitored at a hospital or other institution, but we are also required to review you as we provide your prescriptions.

What will happen at the review?

The annual review may include a blood test, blood pressure check, etc. and appointments with the appropriate

clinicians, ranging from a pharmacist review, an appointment with a specialist nurse, or the GP. For some patients, e.g. diabetics, this may be more than once a year.

How will I be invited?

You will receive an invitation to attend for your review on or around the month of your birth and then a further reminder attached to your prescription. For safety reasons, if you do not respond to these requests, the practice may have to restrict the quantity of medication on further prescriptions or opt to hold back further supplies until you are reviewed.

We encourage all patients to take responsibility for their own health, therefore, we ask that you be aware when your review is due and respond as soon as possible.

What happens after my review?

After all the different components of the review have been undertaken your whole record will be checked and the review date moved forward by a maximum of 12 months.

Medication Safety

All prescription items are assessed at least annually for medication safety. This may include a blood test or other physical check such as a blood pressure or discussing your symptoms or side effects. These checks are imperative to ensure the medication is not causing any adverse effects.

Why do I get called frequently for my review?

For example, many blood pressure medications require an annual check of your kidney function as, in thankfully rare circumstances, their use can reduce

your kidney function. This test is annual and without these results we cannot safely continue to prescribe the medication and it may be stopped by a clinician until the checks have been undertaken. The risks of continuing the medication outweigh the risks of stopping it.

Some prescriptions require a review and/or blood tests more regularly such as every 3 months. We have thorough systems in place to ensure these key safety checks are not missed. You will get a reminder by SMS/Email/letter or phone call to attend for your test. Even if you are seen regularly at the hospital may still need you to attend the practice as their tests may not be the same as those needed here.

Under what circumstances do you stop the prescription?

Up to three reminders are sent before a prescription item would be paused, when you request the prescription we will attempt to contact you again.

Medications are ONLY withheld or stopped when PATIENT SAFETY is at risk.

Confidence

Please rest assured that we do not block/stop or withhold any prescription lightly, it will always be because something needs to be checked.

If you have received a reminder for a review or blood test, PLEASE take responsibility and contact us as soon as possible to make this process as smooth as possible.

Finally, Don't forget its National No Smoking Day 11th Match 2026

Rendcombe Surgery

What are the benefits of quitting smoking?

You might notice benefits sooner than you think:

☐ your heart rate and blood pressure will begin to return to normal after 20 minutes

☐ your sense of smell and taste will begin to improve after 2-3 days

☐ your risk of a heart attack is half that of a smoker after 1 year.

Quitting smoking also has other benefits like:

☐ you will have fresher breath and whiter teeth

☐ your skin might look younger and age less quickly

☐ you might have more energy, feel less tired and get less headaches

☐ your immune system will find

it easier to fight off colds and flu

☐ your sex drive may increase, and it can improve your fertility

☐ you will protect the health of your children, family and friends.

It's never too late to benefit from stopping smoking. On average, smokers who quit in their 30s will add 10 years to their life. Even quitting at 60 will add 3 years. Being a non-smoker can also improve your chances of being more physically active and healthier as you get older.

Help and support

You're more likely to quit if you have support:

☐ Find [NHS Stop Smoking Services](#) near you or call the Smokefree National Helpline on 0300 123 1044



CHEDWORTH GARDENING CLUB

Private & informal garden visits
10% discount on plants, bulbs & seeds at Burford Garden Centre
Discounted prices on compost & soil conditioners
50% off the cost of entry for up to 2 people to any RHS garden
(Bridgewater, Harlow Carr, Hyde Hall, Rosemoor and Wisley)

All this and more. Come & join us!
Annual membership: £15 individual or £25 joint
Contact Chedworthgardeningclub@gmail.com



50



50

Save the Date Saturday 29th August 2026

The Village Hall Committee are planning a day of celebrations to mark the 50th anniversary of the opening of the current village hall.

Look out for further details in future editions of the magazine, posters around the village and social media channels.

We look forward to welcoming you!





CHEDWORTH PRODUCE MARKET

Saturday 17th January 2026
Saturday 21st February 2026
Saturday 21st March 2026
Saturday 18th April 2026
Saturday 16th May 2026
Saturday 20th June 2026
Saturday 18th July 2026
Saturday 15th August 2026
Saturday 19th September 2026
Saturday 17th October 2026
Saturday 21st November 2026
Saturday 19th December 2026

Village Hall

9am - 12noon



© Hilland Valley 2026

Business Adverts

Please send all enquiries or submissions via the form on:

<https://hillandvalley.co.uk/advertisers/>
or call 07771 958380

2026 Advertising rates per edition:

Full Page £36

Half Page £18

Third of Page £12

Sixth of Page (6cm box) £6

A 10% discount is available for annual advertising with payment in advance

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AND THE COTSWOLDS
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cotswold tours

Walk, Run, Sniff and Play
Fleur Gristen


- > Your local, trusted and reliable dog walker
- > Weekday dog walking
- > I come to you so your dog doesn't need to leave the comfort of their own home
- > £18 for 45-60 minute group walks

> Do call/message me 07989828641 or email fg.walkdogs@gmail.com to chat about your dog, and we can arrange a visit for me to meet your 4 legged friend

This is a picture of my beloved border collie Tilly

Why not advertise
Your Business Here?

This size costs £6 per issue

Enquiries to

<https://hillandvalley.co.uk/advertisers/>

or call 07771 958380

email marklanyon38@gmail.com


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tomzbdrew@hotmail.com

- ◆ Hard Landscaping ◆
- ◆ Patios and Fencing ◆
- ◆ General Building ◆
- ◆ Property Renovations ◆
- ◆ Masonry and Drystone Walling ◆







shen carter studio Architecture & Design

A local architecture practice who work on both traditional Cotswold properties and contemporary new buildings. We have experience leading projects with challenging planning and listed building constraints, in conservation areas and in AONBs, including:

- Extensions & Alterations
- Bespoke new builds
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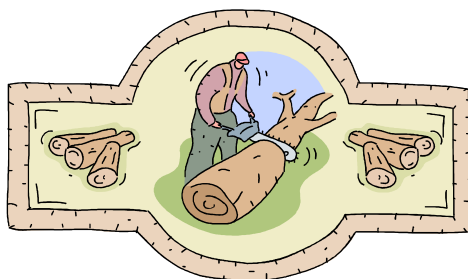
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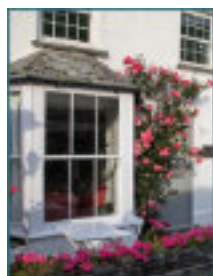
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