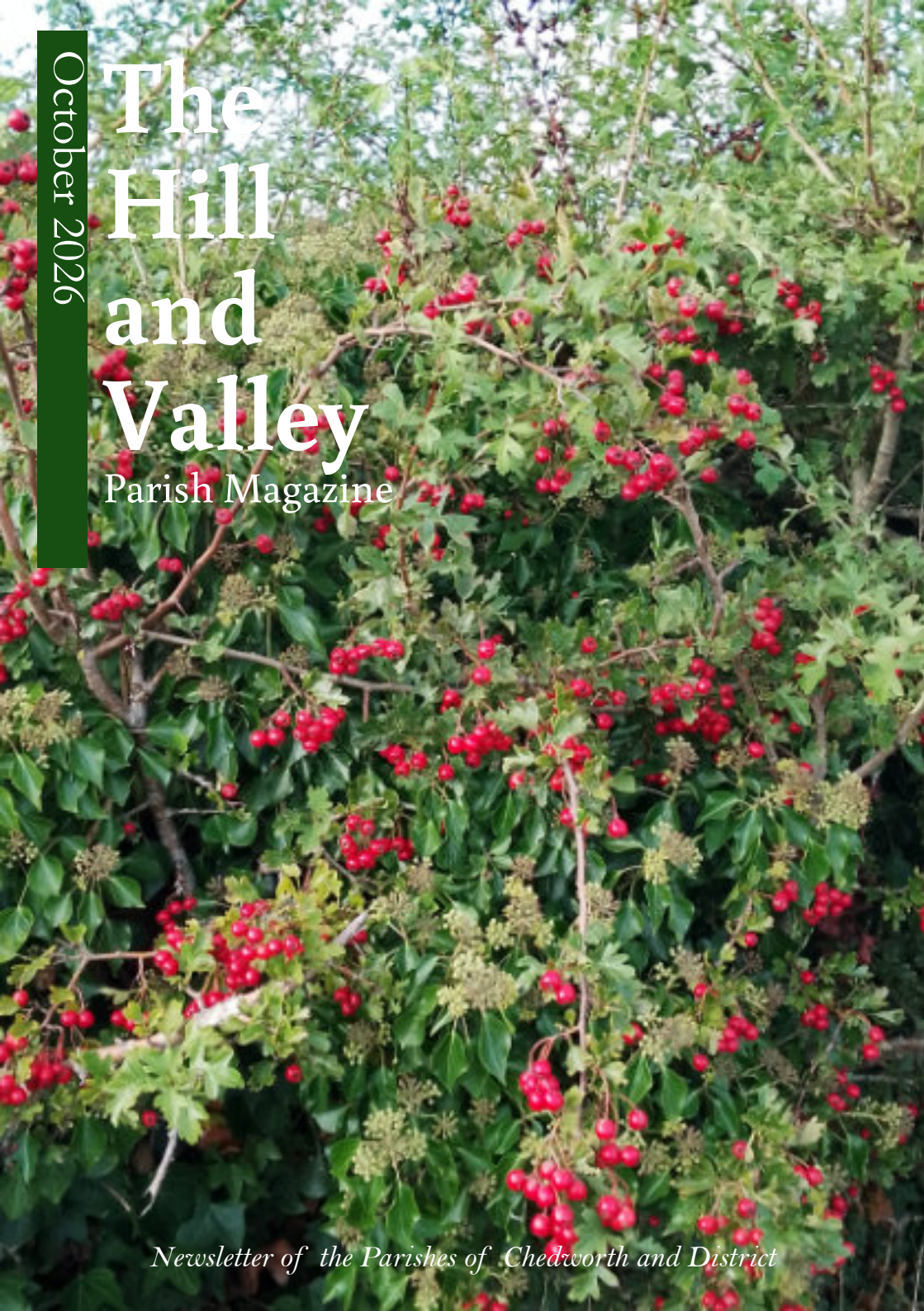




October 2026

The Hill and Valley

Parish Magazine

Newsletter of the Parishes of Chedworth and District

The Benefice of Chedworth and District

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The production of the Hill and Valley Magazine is made possible through a combination of the articles from our contributors, our advertisers, our printers, finance team and a group of coordinators creating the magazine 10 times each year.

In order to assist the magazine coordinators we ask that articles are submitted online (not by email). For

more information please go online to the Magazine Contributors area of www.hillandvalley.co.uk.

Business advertisers please contact Mark Lanyon - 07771 958380 or via the Advertisers form on <https://hillandvalley.co.uk/advertisers/>

The magazine coordinator for this edition was Julie Young (01285 720398) and for the next edition will also be Julie.

Please submit all articles and adverts before midday on the 15th of the month using the online system.

Cover and contents page photos by Robert Young

The HILL & VALLEY

PARISH MAGAZINE

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Julie Young Coordinator for this edition

Karen's Letter



Psalm 16 vs 6 and 11 say "The boundary lines have fallen for me in pleasant places;

¹¹ You make known

to me the path of life; you will fill me with joy in your presence."

The subject of boundaries is of interest to me. Where does what is important to me end and what is important to you begin? Where do my responsibilities end and yours begin? These are questions intrinsic to good community life. If someone is behaving like a river that has burst its banks, it will soon become apparent to the community in which that person lives that things are not as they should be.

The path of life spoken of in the ancient Hebrew psalm above refers to a way of life that brings wellness and a strong sense of meaning and purpose.

It is defined, because it is spoken of as a path – a way that is well trodden. M. Scott Peck wrote the world best seller, "The Road Less Travelled." His first sentence was, "Life is difficult." The path of life, of wellness, meaning and purpose is very difficult sometimes. It causes us to develop muscles where we didn't even know we had them. It calls us to perseverance and to awareness of ourselves and others. It is not for the fainthearted.

As we enter the season of Autumn, when the earth prepares to rest in preparation for Spring and new life, I hope we find the time to contemplate the boundaries that are divinely given to each one of us – who we are – what we are worth – and what our purpose is. I hope a deep sense of joy in the presence of such wisdom filters down through the falling leaves into each soul as you read this. Deep peace of the quiet earth to you.

Karen



Church Briefing

Hill & Valley Benefice Church Services

Everyone Welcome

4th October

Holy Communion 10.30am Coln St Denys

11th October

BCP Holy Communion 9.00am Chedworth
Holy Communion 10.30am Coln Rogers

18th October

Holy Communion 10.30am Chedworth

25th October

Happyfull Service 10.30am Chedworth

Weddings:

24th October 2.30pm - Freddie Clark and Annabel Moore.

Miscellaneous observations on daily life

At my age I have given up on health foods; I need all the preservatives I can get.

Ever feel like life is a car wash and you're on a bicycle?

It's good to have self-confidence. It's even better to have a reason for it.

You are never too old to set another goal or to dream a new dream.

Blessed are the flexible people, for they don't mind when the demands of family and work ties them in knots.

My favourite childhood memory is having energy.

My mind is like an internet browser. At least 19 open tabs, three of them are frozen and I have no clue where the music is coming from.

It's weird being the same age as old people.

I like to make a shopping list. I like to guess what's in it when I get to the store and discover I left it at home.

Dates for Your Diary

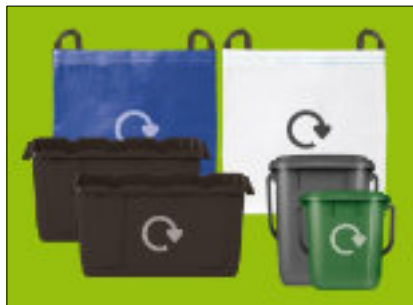
Date	Time	Event	Venue
9 Oct	19:30	Backrow Club Mother's Pride	Chedworth Village Hall
10 Oct	10:00-14:00	Chedworth WI Crafters Sale	Chedworth Village Hall
14 Oct	19:15	WI - Talk by Robert Young	Chedworth Village Hall
17 Octt	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
17 Oct	10:00	Junior Open Tennis Day	Hill & Valley Tennis Courts Chedworth
19 Oct	17:30-19:30	Fish and Chip Van	Chedworth Village Hall
29 Oct	19:30	Swing from Paris	Chedworth Village Hall
8 Nov	12:30	Remembrance Sunday Curry Lunch	Chedworth Village Hall
11 Nov	11:00	Wreath Laying	Pancake Hill
11 Nov	19:15	WI - AGM and Supper	Chedworth Village Hall
16 Nov	17:30-19:30	Fish and Chip Van	Chedworth Village Hall
18 Nov	19:30	Chedworth Gardening Club AGM	Chedworth Village Hall Pop up Pub
19 Nov		NTLive - The Misanthrope	Chedworth Village Hall
21 Nov	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
9 Dec	19:15	WI - Kingstone Dairy "Cheese Tasting and Sale"	Chedworth Village Hall
19 Dec	9:00-12:00	Chedworth Produce Market	Chedworth Village Hall
21 Dec	17:30-19:30	Fish and Chip Van	Chedworth Village Hall
14 Jan		NTLive - Golden Boy	Chedworth Village Hall
26 Feb		Chedworth Ent Live - Bowjangles	Chedworth Village Hall



Recycling Dates

Domestic Waste & Recycling

Including glass, paper, mixed recycling, cardboard, garden waste, non-recyclable waste, food waste



Chedworth Area, Fossebridge, Yanworth, Coln St Dennis, Coln Rogers

Thursday	8	October
Thursday	22	October
Thursday	5	November
Thursday	19	November

Dates may change due to holidays

*Turn your event into an occasion
at*

Chedworth Village Hall

Visit our website for full details including making
booking enquiries

chedworthvillagehall.co.uk



We have had a wonderful start to the year and welcomed lots of new families across all year groups. Our new reception children have settled in amazingly and been so brave in taking this next step of their education.

Over the holidays, we were fortunate to receive some resources from Rendcomb and Withington. We are hugely grateful to both communities for letting our setting have pieces from them. Our pre-school children are particularly enjoying some new toys and furniture.



It was so lovely to see so many of you attend our Key Stage 2 performance in July and our Summer Fete- for small village schools like ours it is so important to feel our connection to our community and the support we have felt this last year has been phenomenal and is ensuring our school continues to grow from strength to strength.



As always, we are very keen to hear from anyone who would like to support the school. This year we are looking for 'Mystery Readers', who will come in and read to our younger pupils termly as well as more regular volunteers who might like to:

- Read 1:1 with pupils
- Help enhance our Forest School spaces
- Help maintain and take responsibility for our allotment area
- Support with fundraising for our multi-use games area



We have had a very busy start to term and Oak class have been enjoying baking some goodies from one of our apple trees. We always have a plentiful supply of delicious apples if you'd like to pop by and pick any!



You may well have seen via Facebook that we celebrated the end of our year- long singing tuition with Longborough Opera House in July. All of the children from the NCSF trust joined to sing together in Longborough Opera House with some of their incredibly talented musicians and singers. It was such an awe-inspiring experience for staff and pupils and we were joined by the amazing Tweedy to add to the excitement!



You may remember in the Summer term we wrote to you about our CIF bid for some security fencing. We currently have no further updates regarding this but will let you know as and when we do.

We'd love to see you around school- we're looking at having a more regular 'pop-up coffee van' and as always you're very welcome to attend any of our open mornings. If you think you have any skills to offer- we would love to hear from you!!



St Andrew's CE Primary School Chedworth
Learn • Trust • Respect • Forgive

SPACES AVAILABLE

For more information go to:
www.st-andrews-school.co.uk Phone: 01285 720427





Open Days 2026!



You are warmly invited to our drop in taster sessions. Come and **explore** and **experience** how pupils **flourish** with us at St Andrew's C of E School and Pre-School. All sessions are free and open to all children aged 3- 11 years old.



These are a great opportunity to get to know the school and staff before making decisions about school places (September 2027) and/ or pre-school places.

We say everyday is an open day- you don't need to wait until the dates below- **book your personal tour today!**

We explore



We flourish



We shine like stars!



01285 720 427



admin@st-andrews.gloucs.sch.uk



Tennis

Friday 25th September

12.00-12.45

@ Hill & Valley tennis club



**Story time and
stay and play**

- **2nd October**
9am- 10.30
- **27th November**
9.30-10.30

**Forest School
Wednesday 4th
November**

10:45-12.00



Arts & Crafts

Thursday 3rd December

3.30-4.30pm



**Open Morning
Wednesday 4th
November**

9.45- 10.30

**Multi - Sports
Tuesday 20th October**

9.30-10.15am



Golf Day at Monmouth

I would like to take this opportunity to thank everyone who sponsored or donated some wonderful raffle prizes. Your generosity was greatly appreciated and helped make the day possible, particularly as we were once again raising money for a local cause.

The weather was very kind to us, and we were fortunate to enjoy such a fantastic day. I would also like to say a big thank you to all 28 players who came along and made the event so enjoyable. It was lovely to see some new faces, and I hope they will join us again next year.

We played Texas Scramble for both rounds, with the winners as follows:

Morning Round

 1st: Jeff Wheldon, Darren Handy, Chris Miles & Tom Horrell

 2nd: John Sissons, Robbo, Charles Hutton-Potts & Jamie Cowell

 3rd: Ajay Shah, Chris Heaps, James Hartshorn & Lee Hatherell

Nearest the Pin: Steve Elgar

Longest Drive: Tom Horrell

Afternoon Round

 1st: Daniel Heaps, Tom Horrell, Steve Elgar & Darren Handy

 2nd: Chris Miles, Robbo, Jack Robson & Martyn Keen

 3rd: Nick Handy, Jamie Cowell, Lee Hatherell & John Sissons

Nearest the Pin: Lee Hatherell

Longest Drive: Tom Horrell

Once again, a huge thank you to everyone who took part and helped make this such a great and enjoyable day.

I will announce the total once I have received all of the sponsorship money.

Next year's Golf Day will be held on Friday, 10th September 2027.

Thank you once again to everyone for your support, generosity and great company.

Pete Heaps

Bats on the wing

Two bats went for their midnight feed. After an hour or so, one bat got tired of looking and went home with no blood. Later the other bat came back, with blood dripping from its mouth. The first bat said enviously, "Where did you get all that blood from?"

The second bat replied "Follow me. I'll show you." He led the first one to a cave and said: "You see that wall over there?"

The hungry bat excitedly says, "Yes!"

The other bat said, "I didn't."

Chedworth Parish Council

Chedworth GoodSAM Initiative

We now have a number of volunteers who have confirmed they are happy to sign up for the Chedworth GoodSAM Initiative, but we would love more. This is a system where villagers can be alerted if a neighbour is having a cardiac arrest. Anyone can join; you don't need specialist training for this, just a desire to help a neighbour in trouble. You are not replacing the First Responder, just providing help until he arrives. You will need to watch a video of what you can do in the event of a cardiac arrest, and we will provide further training with an experienced First Responder, which you can attend if you wish. In the event of an emergency, just having someone else there with your neighbour will help them whilst they are waiting for the emergency services.

KCH 52

The Footpath KH 52 down the valley from Hawks Lane which comes out at

Eathan's Orchard on the main village road has been made more accessible thanks to the Cotswold Wardens who have replaced an awkward stile at the Eastern End with a new gate. This still does not make it usable by powered wheelchairs but should make it easier for out less athletic walkers. Cotswold Wardens provide the manpower and the landowner paid for the new gate.

Glorious Grasslands

The Parish Council has signed up to a scheme to turn the fields near the playing field into a wildflower meadow as part of the Cotswold National Landscape's (CNL's) Glorious Grassland Scheme. The works are due to start soon and involve harrowing the meadow (not ploughing as it is unimproved grassland) before sowing wildflower seeds which CNL have harvested from other wildflower meadows. The land will then have to be cut and grazed appropriately for optimal wildflower growth.

Councillors

David Broad (Chairman)	01285 720313
Ian Morgan (Vice Chairman)	07778 168822
George Broad	07895 177961
Mike Dentith	07970 900373
Tony Kingsley	01285 720743
Alan McLellan	01285 720642
Bella Amory	07808 724972

To contact the Council, email the clerk, Elizabeth Broad (chedworthpc@hotmail.co.uk), or call her on 720313, or get in touch with any of the councillors directly.

For more information check out our website chedworthpc.org.uk

Football Field

The Football field is set for extensive use this winter as adult teams from Minety have already started using the field on Saturday afternoons from early September and the Parish Council is negotiating with a children's team from Charlton Kings who hope to use the field on Saturday mornings. A request to use the field on Sunday mornings was declined as some councillors felt this level of use would be excessive. New goal posts are to be sourced as the old ones are not in good condition and have parts missing which cannot easily be replaced.

Paediatric First Aid Course

The Parish Council has agreed to fund a Paediatric First Aid course at the Village Hall for the community. A budget of £150.00 for an initial course has been agreed and it is likely that additional courses will be arranged depending upon the level of interest.

At least 16 people have already expressed an interest in taking part. Mr Iain Robinson has kindly agreed to organise the course and full details will be made available on social media including the "Hub".

Queen Street

The works to alleviate flooding in Queen Street have been the subject of correspondence again.

Gloucestershire County Council previously brought in machinery too late in the season and the force of the water was too great to allow the work to be done. The Parish Council has given £5,000 to get a higher priority

for the works and is pressing for the works to be done before winter rains once again make the work to the watercourse impossible.

Speed Signs on Fields Road

New poles for the interactive speed signs have been erected; the previous poles were not sufficiently robust so two new poles with increased wall thickness and diameter have been erected. One of the two signs are in stock in Parish Council stores, so we are just waiting for the 2nd unit and for a qualified person to attend to fit the signs.

David Broad

Chedworth
Parish
Council



Chedworth Drama Group - Call for Actors

Chedworth Drama are staging a new adaption of

A Christmas Carol by Charles Dickens this December (provisional dates 30th November to 5th December).

The venue is Chedworth Village Hall, where we have a raked stage, sound, lighting and importantly, a bar.

Readthrough and Audition is set for 11th September 2026, at the village hall. For further details please contact

Dave Whittles contact@chedworthdrama.co.uk www.chedworthdrama.co.uk

07864265653

On a perfect September morning we set off from the village hall, slightly earlier than normal as this year we were going out for the whole day. For once the convoluted temporary arrangements at The Air Balloon roundabouts (see Utube for amazing drone footage of the new layout) hardly held us up as we headed for the M5 and Tewkesbury. Arriving at the Abbey we were all free to wander around both the Abbey and the town (slight error on the organiser's part not to realise that Wednesday is still early closing in Tewkesbury, so many of the promised restaurants and shops were not open but everybody was very understanding). The Abbey was magnificent, beautiful yet containing tragic resonances of the battle of

Tewkesbury (4th May 1471) and of its aftermath with the death/massacre* of Lancastrian leaders and troops who had sort refuge/sanctuary* (*depending on your historical perspective) within the Abbey, thinking they would be safe. They were not and most were dragged out and executed or killed in the Abbey. The Abbey had to be reconsecrated a month later. It also contains the bodily remains of George Duke of Clarence brother of Edward IV and Richard III – yes, the one who was reputedly drowned in a butt of malmsey (well according to Shakespeare!).

Many thanks to Chrissy and Carol whose brilliant photos give you a small taste of the Abbey's many beauties and one of it's hidden surprises.



The afternoon was spent on a visit to the John Moore museum. We started in the Baptist Chapel a wonderful converted Hall House, tucked down a little lane almost opposite the Abbey. With still waterproof, although thankfully dry when we visited, total immersion baptistery. Then it was back across the zebra crossing to the building in the row of medieval houses devoted to the author and naturalist John Moore a wonderfully eccentric English author, whose delight in nature didn't prevent him from shooting many creatures and then having them preserved and stuffed! His writings covered both nature and humanity making Tewkesbury and Bredon village famous in his Brensham Village trilogy of the 1950's. Finally, we moved next door to the Merchant's House, which was already 50 years old when the Battle of Tewkesbury took place. This house has been stripped back to its 1410 origins with the exception of its 1480's extension! One room downstairs for the family to cook and live in, one room at the front on to the street to carry on trade from and one bedroom upstairs for everyone to sleep in, a central hearth and no chimney! You had to take care on the final six stairs reaching to the first floor as the treads were original! If you enjoy history there is nothing like standing and seeing and

feeling the real spaces that our ancestors really lived in.

Not only did we thank the marvellous team of Angela Dunsbury and her volunteers at the museum but we also thanked the farsighted John Moore and friends who preserved the row of houses from the fate of being demolished and replaced by a Woolworths store in the early 1960s.

Finally, home on the coach, exercised in mind and body – now the only problem is where to go next year?! (All ideas welcome.)

Join us for our October meeting when Robert Young will be talking about the changes to the Cotswolds during his life time. Wednesday 14th October, 7.15pm, Chedworth Village Hall.



One third of our group trying to all fit in the single bedroom in the Merchant's House!

Emma Isaac

Sticks

Long ago when men cursed and beat the ground with sticks, it was called witchcraft.

Today, it's called golf.

Chedworth WI Crafters

Free Entry

Chedworth WI Crafters

Free Entry

are having a

Puzzles, Board Games and Book Jumble

with

Homemade Craft Gifts, Cakes and Preserves

Tea, coffee and cake refreshments

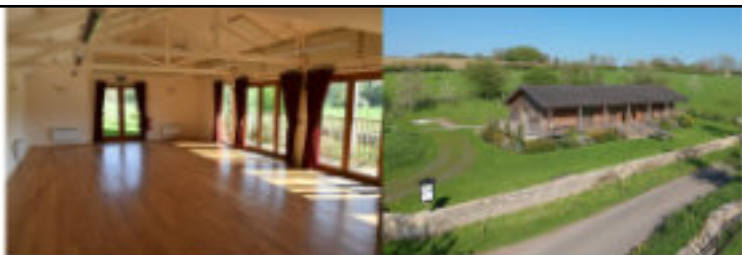
Saturday 10th October 2026

Chedworth Village Hall

10am - 2pm

Free Entry

Free Entry



COLN VALLEY VILLAGE HALL

Ideal venue for small events/parties

Gigaclear Ultrafast internet connection

If you would like to hire the hall please see our website for availability and prices.

www.coln-valley-village-hall.co.uk



"Wait a moment, dear, this isn't a tourists'-
attraction ratings guide, it's a Health
and Safety warning!"

Eulogy

Nigel Thomas James Finch 1931 - 2026

The family have kindly asked me to say a few words about Nigel Finch. It is an honour and challenge as there is so much to say. Let me apologise in advance for any and all omissions! Simply put Nigel, was just the most extraordinary farmer.

I first came into contact with Nigel as a sandwich course student from the agricultural college in Cirencester in 1971.

One of my earliest memories was being asked by Nigel where my previous year had been spent. I informed him that I had worked on a small dairy farm in North Devon. He then asked me how the corn was stored. I informed him that the corn was sprayed with propionic acid – a new method of preserving corn (and put into storage). Sure enough, Nigel insisted the corn harvest that year was sprayed with propionic acid and stored at ^{the} Aerodrome.

Again while a student of Nigel's, I observed that the cattle in the winter had been strip grazed on kale in the Plain at Woodlands. In the spring, this field would have been ploughed and harrowed then put down to grass. Instead in early spring the field was harrowed and grass seed spun on to the seed bed. Nigel's method worked as ploughing was omitted with a substantial cost saving!

You can see how Nigel was an earlier adopter and adapter as well as a person who questioned conventional thinking. In other words, he thought outside the box. This led him into several interesting endeavours.

The advent of the desk top computer in the 1980s brought about opportunity and change. He immediately saw an opportunity. This took the form of establishing a milk round in Cheltenham where customers' accounts were recorded and returned in a printed format to the said customer on a fortnightly basis. This subsequently

evolved as technology improved with purchases input on a handheld device that could be downloaded at the end of the round. The customer was still given a fortnightly printout but with the detail of total consumption of items purchased and the final cost.

It is hard to remember but in the 1980s there were milk quotas. Over production was penalised by simply lowering the wholesale price to the farmer. Nigel's highly efficient milk round served the purpose of taking off any surplus from either the Woodlands or Denfurlong dairy herds thus keeping within the production quota. Any surplus then was turned into yoghurt. And that highly profitable enterprise continues today.

Another change Nigel initiated was the establishment of a data base for the whole farming operation. The overview ~~provided~~ enabled him to maximise the allocation of resources be that labour or capital. Nigel's foresight saw the start of block budgeting and matrix analysis putting him well ahead of the game. Nigel truly embraced change and technology.

If running a farm kept him busy, Worksavers at the Aerodrome, was where Nigel's ideas came to fruition. Many of them were tested in his workshop, the successful ones being commercialised. A good example of this was the automation of a dairy parlour using compressed air. None of the competitors eg Alfa Laval, Fullwards, Gush and Dent had thought of this approach let alone commercialised it. Instead, they automated dairy parlours via the electronic route which proved a real challenge in a notoriously wet and humid operating environment!

Nigel fully understood the importance of the individuality of the farmer. He recognised that only by working together could any real progress be achieved in agriculture. His ventures into these policy areas were many, with admittedly varied results!

One evening back in the mid-1970s switching on BBC2, I was completely taken aback, seeing and listening, to Nigel arguing the case with the presenter for new agricultural inheritance laws. His arguments became the foundation for the then new agricultural inheritance laws. These are only now being changed under the current Labour Government.

In the mid-1980s Nigel would attend the monthly Country Land Association meetings in London at Number 10 with Margret Thatcher. This body of farmers were able to inform and discuss the government's agricultural policies. Speaking to Nigel after one such meeting where there had been a robust discussion with Margret Thatcher about the dissolution of the Milk Marketing Board. He pointed out that this would ultimately lead to dairy farmers losing leverage and becoming price takers. His prediction has sadly come to pass.

In 1973 with David Henriques of Winson near Cirencester, Nigel founded the Gloucestershire Farming Wildlife Advisory Group (FWAG). The purpose behind this organisation was to help farmers better understand the environmental value of their land and make the most of the agricultural environmental options available. Thanks to their work FWAG is now a nationwide organisation in England and Wales. It works most effectively with the Wildlife Trust to restore habitats and nature where flora and fauna can thrive.

Nigel's final foray into the policy arena was with the Common Agricultural Policy in the then European Union prior to Brexit in 2003. This was at the time when CAP moved away from cutting links between subsidies and production. Farmers then received income support on condition that they looked after the farmland and fulfilled food safety, environmental, animal health and welfare standards. Nigel always felt passionately that farmers should be in the business of producing food. This policy change therefore challenged him. The concept Nigel came up with was based on similar lines to the Canadian state model of producing regional areas of costs of

production for agricultural products. Simply put this meant that if a farmer's cost of production exceeded the regional production cost, then a deficiency payment would be made. This idea found traction in Westminster but not in Brussels. It was a simple solution to a European policy problem. Today, the reformed CAP of 2013 – 2020 embraced his idea and actually moved to financial assistance towards the productive use of land. This is something Nigel would rightly have been immensely proud of.

Nigel Finch will be remembered as a remarkable if not extraordinary farmer, a forerunner of his time; who truly understood the individuality and independency of the farmer but recognised that only by working together could a better future be achieved. He was not motivated by personal success but rather worked for the betterment of all. He had a challenging and inquisitive mind that led him to many practical solutions in agriculture.

We should all be immensely grateful for what he achieved in his lifetime. It is unlikely that we shall see his like again. I am proud to have called Nigel not only my friend but also my mentor. As he said to me 'An idea is only a good idea if it can be put to practical use.'

Thank you for giving me the chance to honour this great man, Nigel Finch.

Euology given by Chris Grace at the memorial service to Nigel Finch on the 10th August 2026.

Your Gardening Tips



Last year was supposed to have been the driest summer in the UK for many years but this year has been even drier and hotter! Not only grass, but many plants like tomatoes have suffered if not kept cool and watered but the recent rain has helped everything perk up again. More about grass below.

- If you have managed to keep them watered you will hopefully be harvesting carrots, beetroot and parsnips undamaged, as like last year, there seem to have been fewer slugs about this year but check for slug damage anyway, now that the soil has been moistened by the rain. After harvesting lettuces, cabbages and before clearing away bean plant foliage cut the stems at base and leave the roots in the soil as food for microbes and other organisms. Attracting hedgehogs will help keep your slug population down, so now is the time to start thinking about providing places for them to hibernate.
- This is the time of year when pests and diseases, especially in apples, manifest themselves. Problems such as sawflies, capsid bugs, codling moth, bitter pit and brown rot threaten to damage your crop and can make storage a great disappointment. There is not space

in these notes to cover protective measures but there is a need to be observant and take action rapidly. Advice can be sought on the RHS website and if you are considering planting apple trees it is important to choose the best for your soil, plant for efficient pollination, and feed and mulch appropriately. Apples are ripening earlier each year and windfall crops are a good indicator of ripening, but the fruit on the tree should not be picked until it can be gently twisted free of the stalk. **Now is the time to apply barrier glue or grease bands to the trunks of apple and pear trees to prevent winter moth climbing up the trees.**

- It is time for tidying the borders, leaving seed heads for the birds.
- Trim back lavender if not already done.
- Add compost or rotted manure to the garden to reinvigorate the soil over the winter. This is the time of year when soil organisms are hungry for organic matter. Dig out composted leaf mold and spread on the garden to make way for this year's leaves. Clear up fallen leaves regularly and shred through the mower with the last grass mowings to make good compost. A layer or two of horse manure will make it better! If you are turning your

compost heap to speed up the process, be careful not to harm any residents such as toads or slow worms. Think about using 'Strulch' as a mulch if you have not made your own compost, because it is a great soil improver and will deter slugs and snails. Details can be found online.

- After such a long period without rain, unwatered lawns will be under stress, and some areas may even have died off. The advice I have been given is to be gentle with lawn until it has regained its strength and resist the temptation to dethatch vigorously. Bare patches can, however, be replanted with lawn seed after raking off the dead grass, breaking up the surface and covering with a thin layer of topsoil or compost. This should be done early in the month to allow for germination. If your lawn has suffered badly, it may not be wise to spread autumn feed but wait until the spring to give area some feed and weed treatment, but that is up to you.
- Divide herbaceous perennials and rhubarb crowns.
- Plant out winter lettuce, autumn onion sets, garlic and spring cabbage. Sow broad beans late in the month if you want an early crop next year. When harvesting lettuce cut at the base of the plant make small quarter cuts in the root and leave to produce another small crop of lettuce.
- Remove yellow leaves from over wintering brassicas, and if not already done, cover your brassicas with bird proof netting. Stake tall brassicas, against wind damage. You can also sow seeds in October. Try growing carrots, brassicas,

beetroot cabbage and lettuce.

- Plant wallflowers, forget-me-not, primulas, violas and other spring bedding plants in prepared ground or pots.
- Shrubs that are pruned hard in the spring, such as Buddleia, Cornus and Lavatera, can be cut back by half to prevent wind rock
- This is a good time to apply weed killer to perennial weeds, if it is not possible to cover with a membrane or thick cardboard.
- Thin out one quarter to one third of the oldest branches of mature forsythia, lilac, spirea and potentilla for better bloom and shape next year. Cut these branches to the ground. If not already done, prune fruit trees, to increase ventilation. Inspect for signs of disease. Mulch with organic matter and fertilizer. Fertilize again in the spring.
- Prune climbing roses if not already done.
- Prune gooseberry bushes to achieve a goblet shape cutting this year's growth down to four buds from the base. It is good time to take hard wood cuttings for your friends! Look online for how to do it.
- Prune blackcurrants by cutting one third of old wood down to the ground, as well as branches that are growing untidily.
- Take cuttings of tender perennials, such as pelargonium.
- Do not feed plants at this time of year as it will encourage soft sappy growth which is vulnerable to frost and wet damage. It is, however, a good time to fertilize trees.

Simon Colbeck
Chairman, Chedworth Gardening Club

Remembrance Sunday Church Service

REMEMBRANCE SUNDAY CHURCH SERVICE 8 NOVEMBER

WE WILL REMEMBER THEM

Although the memory of the First and Second World Wars may be dimming, it is important to remember the sacrifices made by Servicemen and Women during those wars and also in other later conflicts. The Legion is the UK's leading Armed Forces charity, providing practical, emotional and financial support to all members of the British Armed Forces, past and present, and their families. It also plays a vital campaigning role to improve their lives and to safeguard the Military Covenant between the nation and its Armed Forces. The Poppy Appeal, the Legion's major fundraising activity each year, will be launched soon. Please support the appeal generously.

The Legion is represented in the area by the Chedworth and District Branch



and as well as carrying out the vital roles of welfare provision and fund raising it organises social evenings and other events. A Service connection is not necessary and membership is open to anyone, who supports the aims of the Legion. Details can be obtained from the Secretary, Simon Colbeck on Mob: 0744470184, or email : simoncolbeck@msn.com

The Remembrance Sunday Service is being held on Sunday 8th November at 10.45 am at St Andrew's Church, preceded by a short parade. All are welcome to this Service. This year for the first time there will be a short film for 10 minutes just before the beginning of the service showing the men from Chedworth who went to the First World War. There will be a curry lunch in the Village Hall afterwards. Details of which are in a separate notice in this magazine

WREATH LAYING PANCAKE HILL

WEDNESDAY 11 NOVEMBER 2026



Simon Colbeck will be laying a wreath on behalf of Chedworth & District RBL, at the Pancake Hill War Memorial at 11.00 am on Wednesday 11 November. Everyone is welcome to attend this short dedication service.



REMEMBRANCE SUNDAY CURRY LUNCH 8 NOVEMBER 2026

Chedworth Village Hall



12.30 pm

Sponsored by Chedworth & District RBL
Curry and pudding provided by Claire Booth
(Vegetarian available)

Tickets £15 per head, and the bar will be open.
Everyone is welcome to join us for a curry

Payment for the meal can be taken on the door, by cheque
(payable to Royal British Legion Chedworth) or by bank transfer, but to gauge
numbers for catering, please book your meal(s) with Simon Colbeck by 5th
November.

to: simoncolbeck@msn.com or Tel : 07444 701884

Bank details : Sort Code: 30-92-06 Account No: 00038677
Please use reference 'RBL Curry and your Surname'

The cow and the Bible

A religious farmer lost his Bible out in the field. A few days later he went to answer a noise at his door. Standing there was a cow, with his Bible in its mouth.

The farmer raised his eyes to heaven and thanked the Lord for this miracle. "It's not really," said the cow. "Your name was written inside."

Village Hall News

There was a fantastic turnout at the Village Hall on Saturday 29th August, when we marked the 50th year of our current village hall.

It was truly a day to remember. Whilst we saw our first, and very welcome rain in months, this did not dampen anyone's spirits. The afternoon events attracted a large crowd, with something for all ages. The hall was full with those enjoying the superb afternoon tea, provided by the Pop-Up Café Team, whilst listening to musical accompaniment provided by the Chedworth Silver Band. The social room was filled with laughter as children and adults alike were entertained by Professor Collywobbles' puppet show and a range of traditional fete games on the field allowed both young and old to test their throwing, golfing, treasure hunting and reaction skills.

The evening party was a resounding success with live music from Cheltenham based band '5 Undercover' who, together with our local rising musical star, Flora Fiora, brought everyone onto the dance floor. The village hall bar was kept busy throughout the evening, as was the barbecue, and ice cream van. It was lovely to see many current residents, at either one or both events, as well as welcoming back some who have moved away but returned to join in this special occasion.

The history of the provision of a village hall in Chedworth was on show via a fantastic display of village hall memorabilia that chronicled the journey of the development of our

community village hall. Thank you to everyone who responded to requests for photos and documents that told the story of the setting up of the 'Red Triangle Hut' that served as a village hall from 1918, to the building and opening of the current hall in 1976, as well as highlighting the many activities that the current hall has supported and continues to support today.

The Village Hall Committee would like to thank everyone who helped put this event together and everyone who came along to celebrate this milestone for the village hall. It was a great team effort!

Pop Up Café Team
St Andrew's PA
Pop Up Pub Team
St Andrew's CofE School
Chedworth Silver Band
Chedworth Entertainment Club
Amy Watts Gelateaux Ice cream
Quiggies Piggies Barbecue
Nutty Roaster food
Hill & Valley Tennis Club
Flora Fiora
5 Undercover
Roland Watts - First Aid Cover
Professor Collywobbles
John and Penny Bearcroft - curating memorabilia of the hall through the ages
Village Hall 50th Organising Committee

The Village Hall Committee continues to look at ways to improve the facilities for hirers. Our next project is to look at upgrading the kitchen facilities to support existing hirers and ensure the hall remains an attractive and functional space in the future. If

Thank you ...

to everyone who came along to the Village Hall 50th celebrations and to everyone who helped behind the scenes to put on all the events. It was a great day, full of fun, laughter, music and community spirit. Here's to the next 50 years!

Village Hall Committee



**BETTER
TOGETHER**

anyone would like to get involved with this project, please contact the Village

Hall Committee Chair Charles Hutton-Potts (charles.hp64@gmail.com and 07970 673611)

Chedworth Gardening Club

CHEDWORTH GARDENING CLUB – INFORMAL GARDEN OPENINGS 2026

In 2026, the Gardening Club has enjoyed a number of informal afternoon openings of members' gardens. Thank you to Rob & Jess, Simon & Sylvia and Eddy & Mary Ann for their hospitality.

From newly planted formal borders, an amazing cutting garden and views across Lower Chedworth in June to discussions on drought tolerant species and veg production in July to riots of colour and tropical Cannas in the Stowell Park valley in August the visits have certainly been varied.

It is a lovely way for members to exchange tips on growing in our

Cotswolds soil through hot, dry summers (and wet winters), to be inspired by setting our gardens within the landscape, and even pick up a few cuttings or plants. All for free!

PLEASE JOIN US – whether you are brand new to gardening or a seasoned horticulturalist, the informal visits are a great way to make new friends. They are one of a number of Club activities ongoing through the year. Please contact Chedworth Gardening Club chedworthgardeningclub@gmail.com if you have any queries about membership.

If any member would like to open their garden informally on a weekend afternoon in 2027, please contact Ceri Powell Powellceri@ymail.com



Every Second is Precious

Every Second is Precious

'Live for the moment' is what they say
But what is the moment in your day?
Is it the warmth of someone's smile
Or when you lay that final tile?
The glimpse of a robin in a tree,
The way a child looked up at me,
A chance to watch the setting sun,
Your list of jobs finally getting done,
A dog to stroke when in one's chair,
A cup of tea and time to spare?



I've always thought that people's needs
Are not always seen, just like seeds
Which, if not watered, will not grow.
If we can take the time to know
How others see the world and share
A thought to really show we care,
Then we will thrive and so will they.
Look forward to another day,
Full of moments good or bad.
With empathy we can feel glad.



Now this is far too serious
And I am quite impervious
To people's chat and repetitions,
Their endless stories and renditions.
Impatience is my middle name
And I will pass, if it's all the same.
Although sometimes I am surprised
To hear a truth, something quite wise
That makes me stop and ponder ...so
That I will listen more intently, to know
And find out more, to think and see
How closely this relates to me.

So next time you must join a queue
Or boil the kettle for a brew
Don't get impatient, use the space
To count your blessings. Do not race
To finish this and sort out that.
Take a second to look (or chat).
You never know what (or whom) you'll
see
Up in the sky or on a tree,
Next to you, standing in line,
Or on a bench in the sunshine.



Sheila Veuve

Scammer

I got a call from a scammer who said, "I've got all of your passwords."
I said, "Great. What are they? I'll grab a pen."

Humour

'It's a funny kind of month October. For the really keen cricket fan it's when you discover that your wife left you in May!'

Dennis Norton

RBL Poppy Appeal 2026

The Chedworth & District Royal British Legion Poppy Appeal 2026 commences on Saturday 24th October 2026 until Remembrance Sunday 8th November 2026.

The 2025 Poppy Appeal was a tremendous success raising more than **£54.1 million** across England, Wales and Northern Ireland, of which a total of **£9,499.30p** was raised as a result of the Poppy Appeal 'house to house' collections and donations that were organised in Chedworth & District last year (including Remembrance Day services at St Andrew's Church, Chedworth; St Oswald Church, Compton Abdale; and donations from The Colns' PCC; Rendcomb College, from our local branch of The Royal British Legion). (N.B. this figure does **not** include Gift Aid as at the time of writing that is still being processed by HMRC – however, it is expected to be in the region of **£636** which will increase the grand total for 2025 to around **£10,135**).

The money raised each year helps to fund the life changing work of the Royal British Legion. This includes providing crisis grants in times of need, providing specialist dementia care, and sport-based recovery programmes for wounded, injured and sick Service and ex-Service personnel. None of this would have been possible without your financial support.



During this year's collection period our wonderful team of local volunteer Poppy Appeal collectors will be making 'house to house' collections in Chedworth & District (which includes various streets and areas in Chedworth village, Chedworth Laines, Pancake Hill, Calmsden, Pinkwell, Fossebridge, Yanworth, Coln St Dennis, Coln Rogers, Calcot and Compton Abdale). We will also have 'static collection points' located at St Andrew's School (Chedworth), The Fossebridge Inn, The Stump and Chedworth Roman Villa.

Considering our now often cashless society please could you consider putting some cash aside (notes / coins) in advance of the collection period. However, if you do not have cash available when a Poppy Appeal collector attends, they will have a QR code available for you to use as they are displayed on Poppy Appeal collecting tins. In addition, certain collectors have a Toucan Collect App installed on their mobile phones and that converts their phones to 'contactless' devices. Last year in Chedworth & District a total of **£312** in donations was taken via QR codes and **£621.30p** via the Toucan

Collect App on a small number of collectors mobile phones (included in the above total figure of **£9,499.30p**).

Last year Chedworth raised the highest amount of donations via the Toucan Collect App than any other district in Gloucestershire!

On behalf of the Royal British Legion and our local RBL Branch may I thank all the residents who kindly continue to support our annual Poppy Appeal. Please give generously again this year and sign / complete the gift aid forms

(paper forms available from Poppy Appeal collectors, and via QR codes and 'contactless' devices on certain collectors' mobile phones, if connectivity is available in your area) as it only takes a few seconds to do so and the RBL can claim back 25p from HMRC for every £1 donated. Every little helps!

David J. Peake

*Honorary Poppy Appeal Organiser
Chedworth & District*



Backrow Club at the Village Hall

9 October 2026 7.30pm
Chedworth Village Hall.

Bar open 6.00
Half time choc ices as usual!



From the team behind 'Finding Your Feet' and 'Fisherman's Friends' comes Mother's Pride, and starring Martin Clunes, James Buckley, Mark Addy, Luke Treadaway, Gabriella Wilde, Jonno Davies and Lana Moorcroft.

This is a truly funny and heartwarming story about the grieving Harley family running a struggling pub, who find fortune by brewing their own beer and the chance to enter the Great British Beer Awards. What begins as an act of survival becomes a journey of renewal-bringing together neighbours, mending old wounds and restoring pride where it has been lost.

Fitness Classes at Chedworth Village Hall

I was at the Village Hall playing field last Saturday and it was such a joy to see the playing field being used for a football match.

Now, I'm not going to pretend I know much about football — although I absolutely loved Series 1 of *Ted Lasso* on Netflix! But watching the guys moving back and forth across the field, shouting commands to each other and working together as a team was genuinely joyful.

From there, I went on to play social tennis. How lucky are we having such a vibrant Tennis Club, with players of all ages and abilities able to fit in to the various programmes on offer. I'm at the Hall several times during the week and I often reflect on just how active our village is.

I'm at the hall regularly and often I hear the sounds of a tennis coaching, Cricket match in the distance, see people jogging past, or notice yoga, pilates or pickleball taking place in the Hall. I don't think, in all my time living in Chedworth, there have ever been so many fitness choices on offer.

I wanted to highlight three of the exercise instructors currently using the Hall. Hopefully, for those of you who are thinking about getting into exercise, or have recently moved to the village, it might inspire you. Or if you are already active maybe one or two of

these offerings could encourage you to add another type of exercise to your regime.

Jamie Taylor - Cardio, Strength, Functional, Flexibility Training

I'm trained as a Fitness Instructor and Personal Trainer, with a focus on cardio, strength and functionality (everyday movements), as well as flexibility training.

I'm passionate about building muscle and functional movements, to maintain/build a strong and healthy body.

I teach three classes a week at
Chedworth Village Hall

- **Tuesday 6:00pm** *cardio and strength training with weights*
- **Wednesday 9:00am** *Yogalates body strength, flexibility and stretching*
- **Friday 9:00am** *cardio and strength training with weights*

For classes you can either just turn up or feel free to get in touch. I also offer private one to one training sessions.

07540 991 578

jamie.pothier@gmail.com

Corinna Butler - Pilates

I am a trained Stott Pilates instructor who believes that Pilates is for every body, with a focus on precision, alignment and intelligent progression. Specialising in injuries and rehabilitation as well as pre and



postnatal Pilates.

I teach a mixed ability mat Pilates class every **Thursday at 10am in Chedworth Village Hall**, as well as private and duet reformer and apparatus sessions from my studio in Chedworth.

Using controlled movement to build strength, stability and mobility, classes leave you feeling more balanced and confident in everyday life. Taught in small, welcoming groups with clear guidance and gentle progressions, each session is suitable for all levels - whether you're new to Pilates or complementing sports like golf, tennis or horse riding.

Get in touch to join the mat class, or book a private session.

corinnabutlerpilates@gmail.com

+44 7394 745730

www.studioaligne.com

The Cotswold Yogi — Emma

I've been teaching yoga since 2021, and practising myself since my early twenties. It's an incredible practice to bring into your life, and you can start at any age, that's the beauty of yoga. And I trained in person with Yoga Like



Water in Cornwall.

My classes are for everyone, with an emphasis on listening to your own body and meeting yourself with kindness, on and off the mat. I teach a range of styles, from flowing Vinyasa to slow, subtle awareness practices, to deeply restorative sessions.

At Chedworth Village Hall, weekly on Thursday mornings 9-10am, my class is a slow flow: a gentler pace than Vinyasa, focused on subtle awareness and the breath. It's a lovely way to ease into your day, and a genuinely welcoming space if you've never tried yoga before, or if you used to practise and want to find your way back to the mat.

Please feel free to reach out to me, or just come along to try the class. I'm always happy to have a chat: call 07967 215569 or email emlowther@hotmail.com.

This article was a collaboration of Jamie, Corinna and Emma.

Keep moving - Jamie





HAPPILY....

This month the cafe has given £250 to Dementia UK...

.....all money from our plant sales, especially the beautiful flowers grown & donated by Richard & Bettina Abrahams.

Big thanks to you both.

And thank you to everyone else who contributed by bringing and/or buying plants & flowers.

We say it all the time because it's true - we simply could'nt do it without you!

Find us every Monday morning 10am-1pm,
at Chedworth Village Hall



CHEDWORTH GARDENING CLUB

Private & informal garden visits
10% discount on plants, bulbs & seeds at Burford Garden Centre
Discounted prices on compost & soil conditioners
50% off the cost of entry for up to 2 people to any RHS garden
(Bridgwater, Harlow Carr, Hyde Hall, Rosemoor and Wisley)

All this and more. Come & join us!
Annual membership: £15 individual or £25 joint
Contact Chedworthgardeningclub@gmail.com



S.E.T ACADEMY

Hill & Valley Tennis Club

Junior Tennis Open Day

Saturday 17th October

All sessions are completely free — everyone welcome

10:00–11:00 Mini Red Free Session | Ages 4.5–8
Starter tennis session for younger players.

11:00–12:00 Family Free Play
Enjoy free use of the courts with family & friends.
Meet the coach and club team.

12:00–1:00 Orange & Green Session | Ages 8–13
Coach-led session for developing players.

No Equipment Needed

Rackets and balls provided.

Location

Hill & Valley Tennis Club
Village Hall, Fields Rd, Chedworth
Cheltenham GL54 4NE

Special Offers on the Day

Winter Membership Deals
Discounts of Coaching Sessions.



Book Here!



National
Theatre
Live

Nov 19th

THE MISANTHROPE

by Martin Crimp
after Molière

A production from
National
Theatre

National
Theatre
Live

Jan 14th
2027

GOLDEN BOY

BY CLIFFORD ODETS
DIRECTED BY SAM YATES

A production from
ALMEIDA
THEATRE

Bowjangles



★★★★
Chortle

★★★★★
Broadway Baby

★★★★★
The Vibe Review

Winner
Spirit
of the
Fringe

CE



Chedworth Entertainment Club

Classically
Untamed

★★★★★

"It's impossible not to have a great time"
British Theatre Guide

Feb 26th 2027

CE

Chedworth Entertainment Club

Please see website for tickets, info and upcoming shows:

Chedworth Entertainment Club www.chedworthentclub.co.uk

AUTUMN SERENADE

Northleach Church GL54 3HL

Thursday OCT 22nd 7pm

Orchestra Pro Anima



with
Michael Bochmann
(violin)
George Ewart
(violin)

CORELLI Concerto Grosso Op 6 No 4
ELGAR Serenade for strings
SAINT SAËNS Havanaise for violin
Shenandoah
MOZART Symphony No 32

Tickets: £22 & £19
Available from
northleachevents.co.uk
and Northleach
Post Office.

With a feature
performance from
Cotswold Junior Voices

For more information:
admin@watercitymusic.com
07576 643731



Leonardo Da Vinci and The Last Supper

Illustrated talk by Ross King



Friday October 9th, 7.30pm
at Northleach Church

Tickets £20/£15

At Northleach Post Office
and northleachevents.co.uk



CHEDWORTH PRODUCE MARKET

Saturday 17th October 2026
Saturday 21st November 2026
Saturday 19th December 2026

Village Hall

9am - 12noon



Hill & Valley Lawn Tennis Club

<https://clubspark.lta.org.uk/HillandValleyTC>

CLUB NEWS

As hardy players embrace the autumn weather, it's surprising how few days are really unsuitable for tennis! The winter season continues with normal social and coaching sessions, together with the Stroud Mixed Winter League for team players. May I remind players to take care not to bring mud and debris onto the court surface if walking across the playing field, and to blow or sweep autumn leaves from the courts. The club's social supper and AGM takes place on Friday 20th November and we very much look forward to celebrating the club's achievements over the last year together.

WHAT'S ON

SATURDAY OCTOBER 17TH JUNIOR OPEN MORNING FREE sessions from 10am – 1pm

10-11am Mini Red for ages 4.5-8yrs

Starter session for young players

11-12 noon Enjoy Free play

Meet Sam the coach and Club Team

12-1pm Orange & Green for ages 8-13

Coach led session for developing players

All equipment provided just wear trainers

Special offers on the day!

Please book in so we know who is coming and can contact you in case of bad weather.

<https://clubspark.lta.org.uk/HillandValleyTC/EventsV2>

THE HILL & VALLEY LAWN TENNIS CLUB **S.E.T ACADEMY**

Hill & Valley Tennis Club
Junior Tennis Open Day

Saturday 17th October

All sessions are completely free – everyone welcome

10:00–11:00 Mini Red Free Session | Ages 4.5–8
Starter tennis session for younger players.

11:00–12:00 Family Free Play
Enjoy free use of the courts with family & friends.
Meet the coach and club team.

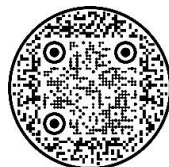
12:00–1:00 Orange & Green Session | Ages 8–13
Coach-led session for developing players.

No Equipment Needed
Rackets and balls provided.

Location
Hill & Valley Tennis Club
Village Hall, Fields Rd, Chedworth
Cheltenham GL54 4NE

Special Offers on the Day
Winter Membership Deals
Discounts of Coaching Sessions.

Book Here!



Book Here!

AFTER SCHOOL COACHING

Continues until July 19th

7 week block on Wednesdays for ages 4-18yrs



SATURDAY JULY 22ND ADULT COACHING WITH TOM WYMAN

Group coaching of max 8 players for all levels, for full details click on the link or for more info get in touch.

www.clubspark.lta.org.uk/HillandValleyTC/Coaching/MONTHLYCLINICS

SUMMER HOLIDAY CAMPS

July 25th - August 31st Aug

5% discount for siblings & 15% discount for members.



<https://clubspark.lta.org.uk/HillandValleyTC/Coaching/Camps>

JUNIORS 4-13yrs on Tuesdays & Thursdays

9.30am-12.30noon or 1pm-4pm or 9.30am-4pm

Book either a half day £22 (9.30-12.30 or 1-4)
or a full day £39 (9.30-4 Bring a packed lunch)

TEENS 13-18yrs on Tuesdays 4-6pm

FUTURE DATES FOR YOUR DIARY

July 1st American Doubles Tournament

Sept 23rd Allison Stock Day

<https://clubspark.lta.org.uk/HillandValleyTC/Events>



Facebook.com/TennisChedworth

Instagram.com/hillandvalleytennisclub

Twitter.com/HillValleyTenn



Rendcomb Surgery Newsletter

Welcome to October

Autumn is well and truly here, and October is always a busy month at Rendcomb Surgery.

Alongside our usual day-to-day services, our team is working hard delivering the seasonal flu and COVID vaccination programme and preparing for the winter months ahead.

.....

Flu & COVID Vaccinations

Our seasonal vaccination programme is now underway.

If you are eligible for a flu and/or COVID vaccination, please look out for an invitation from the practice and use the booking information provided. We purchase our flu vaccines in advance specifically for our eligible patients, so we are very grateful to everyone who chooses to have their vaccination here at Rendcomb Surgery. Please don't leave it until winter – if you're eligible, take up your vaccination when invited.

.....

Stoptober – Is This Your Month to Quit?

October is Stoptober, the national campaign encouraging people to stop smoking.

Giving up smoking is one of the best things you can do for your health, and it's never too late to stop.

You don't have to do it alone. There is NHS support available, including advice, stop-smoking treatments, a free NHS Quit Smoking app and personalised quit plans.

Even if you've tried before, don't be discouraged. Another attempt could be the one that works for you.

Breast Cancer Awareness Month

October is also Breast Cancer Awareness Month, so it's a good opportunity to remind everyone to be breast aware.

Get to know what is normal for you and speak to us if you notice a change that is new or unusual for you.

Changes can include a new lump or swelling, changes to the skin, a change in the size or shape of a breast, nipple changes or unusual discharge.

And please remember:

If you notice a change that concerns you, don't wait for your next breast screening invitation – contact the surgery.

Taking up your NHS breast screening invitation when offered is also important.

.....

Important Correction – Repeat Prescriptions

We would like to correct an error in our September newsletter regarding the turnaround time for repeat prescriptions.

Our correct dispensary turnaround time is 3 working days, not 5 working days as previously stated. We apologise for any confusion this may have caused.

Please help our dispensary team by allowing 3 full working days before collecting your medication, ordering before your medication runs out and remembering that weekends and Bank Holidays are not working days.

Please avoid urgent or last-minute requests wherever possible.

Every prescription needs to be processed safely and appropriately, and

giving the team sufficient time helps us provide a safe and efficient service for everyone.

.....

Urgent, Routine or “Can You Just Ask the GP?”

We want to make sure that patients who need urgent medical care can access it promptly, while also managing routine requests safely and fairly.

An urgent same-day request is for a new or worsening medical problem that cannot reasonably wait for a routine appointment and needs clinical assessment that day.

If your query is not medically urgent, it will be managed routinely – even if you would simply like us to “ask the GP a quick question”.

Asking a GP for medical advice still requires clinical time to review your medical record, consider your question and provide safe advice. For this reason, our reception team cannot routinely interrupt a clinician or obtain an immediate answer simply because a patient would prefer not to book an appointment.

Depending on your query, you may therefore be offered a routine telephone appointment, face-to-face appointment, online consultation or another appropriate service.

We kindly ask patients not to put pressure on our reception team to obtain an immediate answer from a GP. Our reception staff work within the processes agreed by our clinical team and cannot override these because a patient requests it.

Urgency is based on clinical need, not convenience or how quickly an answer is wanted.

If your condition changes or becomes more urgent while you are waiting,

please contact us again so that we can reassess your needs.
For life-threatening emergencies, call 999.

.....

Have Your Contact Details Changed?

Having the correct mobile telephone number and email address on your medical record is increasingly important.

We use these details for appointment information, vaccination invitations, health reminders and other important messages.

If you have recently changed your mobile or telephone number, email address or home address, please let us know.

A quick update now could prevent you from missing an important message later.

.....

Autumn Health – Keep Moving!

With colder weather and darker evenings arriving, it can be tempting to become a little less active.

You don't need a gym membership to stay active. Walking, gardening, dancing, cycling and everyday activities all count.

The NHS recommends that adults aim for around 150 minutes of moderate-intensity activity each week, but even small amounts of activity are worthwhile.

Why not make October the month you add a 10-minute walk to your day?

.....

Did You Know?

Your local community pharmacy can help with several common conditions without you needing to see your GP first.

Rendcomb Surgery Newsletter

Through Pharmacy First, pharmacists can provide advice and, where clinically appropriate, treatment for conditions including:

Sinusitis • Sore throat • Earache •
Infected insect bites • Impetigo •
Shingles •

Uncomplicated urinary tract infections in women

If appropriate, our reception team may recommend Pharmacy First when you contact us.

A Little Thank You From Rendcomb

October is one of our busiest times of year, with hundreds of vaccinations

being delivered alongside our normal appointments, prescriptions, telephone calls and clinical work.

We know that sometimes this means the surgery feels particularly busy.

Thank you for your patience, for treating our team with kindness and for working with us to help us provide the best service we can.

Thank you for being part of the Rendcomb Surgery community.

The Rendcomb Surgery Team

WALKING TENNIS

Fridays, 2.30-4pm in Chedworth for All ages & Abilities

ALL WELCOME to come along for this gentler game of tennis. It is perfect if you have a health condition or injury that impacts your mobility. It will help to get you going again and improve your fitness and wellbeing. It is relaxed and fun, you go at your own pace. You only need a pair of trainers, rackets provided. It is open to non members.



We have tea and cake afterwards!

We look forward to seeing you!
For more info scan the QR code
or follow this link



www.clubspark.lta.org.uk/HillandValleyTC/WalkingTennis

Tawny Owls

Tu-wit-tu-woo!

The Tawny Owl is probably our most familiar owl; children grow up learning that tawny owls say 'tu-wit-tu-woo' although this is not the call of one bird. The familiar call is a duet between the female who starts with the harsh 'kee-vik' which is then followed by the male with the deeper 'woo-hoooo'. At this time of year you may hear a lot of owl calls as the young are noisily driven from their natal territory by their parents. Each existing territory they pass through will elicit much calling, shrieking and hooting. This is a dangerous time for the young owls and many will die, driven from hunting grounds by resident birds before they reach their first year. Once they do find a suitable territory, which is likely to be only a few kilometres from their place of birth, they may remain in it all year round for the rest of their lives, making them one of our most sedentary birds.

Tawny owls are a bird of woodland, choosing to nest within chimney-like holes within large trees. As with many woodland species, churchyards can be good places for them, containing a range of habitats full of food as well as trees for nesting. We think of tawny owls as eating mice and voles but they have quite a varied diet, depending on what is available. They may eat small birds, rabbits, beetles, frogs and worms too.

Tawny owls do well in owl nest boxes and churchyards can be good places for these. If putting one up, keep well away from paths as owls can attack people

walking too near their nests. The best place for one is within a tree with ivy or lots of branches as when the young are preparing to leave the nest they start 'branching' – climbing up and down the trunk using ivy and branches as footholds, sitting in neighbouring trees and generally starting to explore. During this time the parent birds are still feeding them, and a young owl found on the ground is probably not in trouble and shouldn't be picked up in case a nearby parent attacks.

So, listen out for the tawny owls and think of the two birds duetting each other. Please let us know if you have owls within your churchyard and if not, how about putting up a nest box in a large tree?





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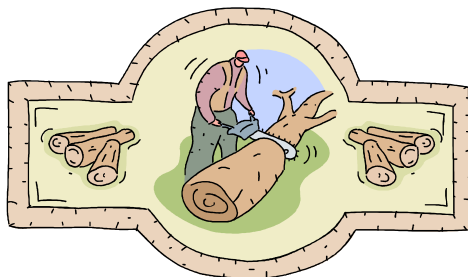
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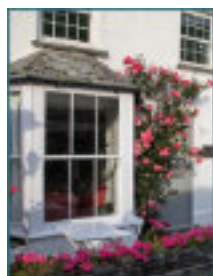
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